

BRIGHTON RECREATION CENTER GUIDE

Winter 2026



Brighton[™]

A guide to recreation, education,
wellness and community involvement
opportunities

**December 11, 2025
Resident Registration**

In-person beginning @ 6:30 a.m.
(within legal Brighton city limits with proof of residency)
Online @ 8:30 a.m.

**December 12, 2025
Open Registration**

In-person beginning @ 6:30 a.m.
Online @ 8:30 a.m.

www.BrightonRecreation.com

303-655-2200

ANNUAL PASS SALE 20% OFF DECEMBER 1 -31

General Information

Welcome Brighton City Council

Greg Mills	Mayor
Tom Green	Ward I
Jim Snyder	Ward II
Ann Taddeo	Ward II
Jan Pawlowski	Ward III
Chris Fiedler	Ward III
Lloyd Worth	Ward IV
Peter Padilla	Mayor Pro Tem/Ward IV

City Council meetings are the first and third Tuesday of each month at 6 p.m. at City Hall. Meetings are open to the public and available online.

The Brighton Parks and Recreation Department is ready to serve you and your family with your recreational needs. Staff has planned a wide variety of activities and services for everyone! We invite you to stop by and find out what your local recreation center has to offer to you!

Travis Haines
Director of Parks & Open Space

Ryan Smith
Parks Planning, Development, and Grant Manager

Kyle Sylvester
Assistant Director of Parks & Open Space

Carleen Watts
Assistant Director of Recreation Services

Veronyka Gonzalez
Administrative Assistant Parks & Recreation

Estefania Flores
Administrative Assistant/Recreation Center

Ashleigh Wilk
Senior Center Manager

Recreation Center: (303) 655-2200
Senior Center: (303) 655-2075
Administrative Office: (303) 655-2049

Recreation Center Amenities

- **Access Features:** Elevator, handicapped parking, privacy stalls in family locker room and pool lift.
- **Childcare:** Supervised care for children six months through nine years while using the facility. Firstcome, first-served basis during scheduled times.
- **Fitness Studio:** Designed for complete workout with neoshock hardwood floor, mirrors and sound system. Aerobics equipment and mats available.
- **Family Locker Room:** For use by families or persons with special needs.
- **Weight Rooms:** Includes free weights, Hammer Strength & Life Fitness selectorized equipment, and complete line of cardiovascular training equipment.
- **Cycling Studio:** State of the art cycling studio equipped with spinning bikes and 82-inch flat screen.
- **Gymnasium:** Hardwood floor, Main and Auxiliary (Spring 2026), six regulation basketball hoops, break-away rims and spectator seating. Ability to divide into two gymnasiums. Available for basketball, volleyball, classes, etc.
- **Lap Pool:** Twenty five yards long, used primarily for lap swimming, aerobic classes and swim lessons. Pool depth 3.5 to 9.5 feet. Water temperature 81° - 84°.
- **Leisure Pool:** Irregularly-shaped shallow pool with beach entry at one end. Amenities: water slide and waterworks system. Water temperature 87° - 89.
- **Racquetball Court:** One full-sized hardwood court with competition glass wall. Wallyball option available.

General Information

Winter Registration

Brighton Recreation Center
 555 North 11th Ave., Brighton, CO 80601
 303-655-2200
 brightonrecreation.com

Online Registration

Online registration for most Recreation Center programs. Go to our website at brightonrecreation.com and select "Registration".

Open to Brighton residents starting at 8:30 a.m. Thursday, December 11, 2025
Open registration starts at 8:30 a.m. Friday, December 12, 2025

Walk-In Registration

Residents - in-person only:
 (within legal Brighton city limits with proof of residency)
Thursday, December 11, 2025 beginning at 6:30 a.m.

Open Registration - in-person only:
Friday, December 12, 2025 beginning at 6:30 a.m.

Phone registration will be accepted Thursday, December 11, 2025 after 8:30 a.m. for residents and Friday, December 12, 2025 for non-residents.
 Please have activity and credit card information ready.

Recreation Center Facility Closures

Christmas Eve - December 24 - Closes at 12 p.m.
 Christmas Day - December 25
 New Year's Eve - December 31 - Closes at 5 p.m.
 New Year's Day - January 1
 Easter - April 5

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For your health, the Recreation Center is a smoke, drug and tobacco-free environment.

Facility Information

RECREATION FACILITY INFORMATION

Recreation Center

555 N. 11th Ave., Brighton, CO 80601
303-655-2200

Facility Hours

Monday – Thursday

5:30 a.m. – 9 p.m.

Friday

5:30 a.m. – 7 p.m.

Saturday

7 a.m. – 5 p.m.

Sunday

10 a.m. – 5 p.m.

Areas within the facility may not be available at all times.
The pool will close 1/2 hour before closing each day.

Recreation Center Pool Hours

Pool Hours

Monday - Thursday

5:30 a.m. – 8:30 p.m.

Friday

5:30 a.m. – 6:30 p.m.

Saturday

7 a.m. – 4:30 p.m.

Sunday

10 a.m. – 4:30 p.m.

Note: There is no open swim during swim lessons.
See page 14 for lesson times.

Human Error

Occasionally there may be an error in days, times, registration requirements or fees in our program booklet. When such errors do occur, the staff will do everything possible to correct the situation promptly.

We thank you for your patience and understanding when situations arise.

SAY "CHEESE"

The Parks and Recreation Department reserves the right to photograph program participants and patrons for publicity purposes, including the program brochure, website, and social media.

GYM SCHEDULE

- Open gym, including volleyball, is for all ages.
- Half of the gym is designated for volleyball on Monday evenings & Sunday drop-in from 2-4 p.m.
- Court shoes ONLY allowed on the gym floor.
- When half of the gym is used for another activity, the open half is only available for shooting. No full court games allowed.

Day	Status	Time
Monday	Open	5:30 a.m. - 6 p.m.
Tuesday	Open	5:30 a.m. - 9 p.m.
Wednesday	Open	5:30 a.m. - 9 p.m.
Thursday	Open	5:30 a.m. - 9 p.m.
Friday	Open	5:30 a.m. - 7 p.m.
Saturday	Open	7 a.m. - 5 p.m.
Sunday	Open	10 a.m. - 5 p.m.

Drop-In Child Care

Monday - Friday	8:30 a.m. - 1 p.m.
Saturday	8:30 - 11:30 a.m.
Monday - Thursday	5 - 7:30 p.m.

- Drop-in Child Care provides supervised child care for children six months through nine years of age.
- Children showing symptoms of illness, including but not limited to, fever, cough, runny nose, vomiting, shortness of breath, diarrhea, will not be permitted in the child care area.
- Supervised care is only available while using the Recreation Center.
- For first-time visitors, parents need to register their children upon arrival.
- Only punch cards are accepted in child care; no cash.
- Child care punch cards are available for purchase at the front desk and reloadable in 10 and 20 visit punch cards.
- Cost is \$4.50/visit per child.
 - \$40/10-visit punch card
 - \$75/20-visit punch card
- There is a two-hour time limit per visit.
- Please bring a labeled drinking cup or a water bottle and a snack for your child.
- Child Care will be closed on December 24, 25 and January 1 ALL DAY, December 31 PM ONLY

Fee Information

ADMISSION FEES

Daily Fees	Drop-In Rate	
Youth (3 - 17 years)	\$6	
Adult (18-59 years)	\$8	
Seniors (60+ years)	\$6	
20-Visit Pass	Resident	Non-Resident
Youth (3 - 17 years)	\$90	\$108
Adult (18-59 years)	\$126	\$144
Seniors (60+ years)	\$90	\$108
Monthly Pass	Resident	Non-Resident
Youth (3 - 17 years)	\$25	\$30
Adult (18-59 years)	\$36	\$43
Seniors (60+ years)	\$25	\$30
Couple	\$60	\$70
Family	\$75	\$90
Annual Pass	Resident	Non-Resident
Youth (3 - 17 years)	\$216	\$276
Adult (18-59 years)	\$336	\$400
Seniors (60+ years)	\$216	\$276
Couple	\$504	\$624
Family	\$648	\$768

- A recreation center ID is required to qualify for resident admission status.
- Punch Cards, Monthly and Annual Passes are not considered resident IDs.

Fee Assistance

The city offers a reduced rate plan for individuals and families who apply for assistance and meet specific requirements. Applications may be picked up at the front desk. Please check with the front desk staff for specific recreation activities approved under the youth reduced rate program.

Attention Recreation Center Pass Holders

All pass holders will need to present their Recreation ID card in order to gain admission to the Recreation Center. As a courtesy to all our customers – if you have lost your card, we will print a free card for you. After 1 free card, you will need to pay \$2 for each replacement card.

Don't Forget . . . to bring a padlock or combination lock for the locker rooms.

Fee Information

Daily Admission: Your admission fee includes full use of the entire facility including: weight rooms, swimming pools, selected fitness classes, running track, hot tub and saunas, cardiovascular equipment and showers/lockers. Children 2 and under are free with paid adult admission. Child care services require additional fee.

Pass Type Definitions

Family Pass: Up to two adults (married couple or civil union) and their dependent children (age 21 years and younger) all residing at the same address. Adults must show residency with a valid Colorado Driver License. Available to non-traditional families with legal guardianship. Family passes are good for up to 4 members residing in the same household. Each additional person will be \$50 for residents and \$75 for non-residents.

Couple Pass: Up to two adults can join together as workout partners. To qualify for the resident pricing, both individuals must be residents of Brighton. If either person is not a resident, the non-resident rate will apply.

Monthly: To simplify your experience, individual, couple and family passes can be billed on a month-to-month basis through auto debit. You'll make an initial payment for the first month upfront, and thereafter, the monthly fees will be automatically charged to your credit or debit card.

Corporate Membership Discount

This program is designed to offer employees of businesses located within the City of Brighton the opportunity to improve their wellness. Corporate discounts are available for individual 20-visit, and annual passes.

Military Discount

The city offers a discount program for Purple Heart recipients, military members and veterans. Purple Heart recipients receive a free membership to the Recreation Center and/or Brighton Oasis Family Aquatic Park. Active duty and retired military receive a 10-percent discount on annual Recreation Center memberships and a 10-percent discount on an Oasis season membership. Discount applies to entire household.

First Responder Discount

First responders (police, fire, EMT) receive a 10-percent discount on annual Recreation Center memberships and a 10-percent discount on an Oasis season membership. Discount applies to entire household.

Facility Rental Information

Community Rooms

The Recreation Center has two community rooms available for rent. Each room may be used separately or as one large room. The maximum seating for each room is 60 banquet style and 75 theater style. The maximum number for two rooms is 120 banquet/theater style. **Community rooms may be reserved with a minimum of 10 days in advance or up to six months in advance.**

Rooms	Resident/ Non-Resident	Profit	NonProfit*
1 Room	Resident	\$60/h	\$30/h
	Non-Resident	\$80/h	\$40/h
2 Rooms	Resident	\$100/h	\$50/h
	Non-Resident	\$140/h	\$70/h

*Nonprofit organizations must provide state of Colorado tax exempt ID number to receive nonprofit rate.

Cancelled:

- 31 days or more before the reservation: \$30 cancellation fee.
- 30 days or less before the reservation: Full reservation fee charged.

Additional Fees: All rentals incur a \$25 set-up fee. Kitchen is a flat fee of \$50. Additional charges for after-hours rentals of \$60 per hour.

Security

All events requesting alcohol are required to be monitored by (1) off duty Brighton Police Officer for parties of 60 persons and under and (2) off-duty Brighton Police Officers for parties over 60 persons. The officer(s) must be present one-half hour before alcohol is to be served and must be present through the remainder of the event. The Brighton Recreation Center will make arrangements for all security. Alcohol may be served for a maximum of four hours and must be discontinued by 11 p.m. **Alcohol is limited to beer & wine only**, with no glass containers. The fee for security is \$65/hr/officer. All alcohol rentals are subject to approval from the City Clerk's office.



Birthday Party Information

Let us help plan your child's birthday celebration. Birthday parties are held Saturdays and Sundays from 1-2 p.m. with swimming from 2-4 p.m. Parties are for youth 12 years and under and for 20 people total.

Cost: \$175

Package includes: 20 swim passes

*All pool rules apply to birthday party participants.

**Reservations must be made at least 10 days in advance.

Payment is due at the time of reservation.

***Cake is not provided.

Community Garden Rental Information

\$40 for residents/\$60 for non-residents per season – all plots are the same price. The Community Gardens are located at:

Adventist Garden	781 S. 5th Ave. between Voiles St & Bromley Ln.
Denver St.	1119 E. Denver St. near the Brighton Recreation Center
Ken Mitchell Garden	889 Kinglet Court adjacent to Ken Mitchell Park, includes smaller raised beds
Northgate Garden	4801 Mt Evans St. in the Northgate subdivision
Zion Garden	395 S. 14th Ave. adjacent to Zion Lutheran Church
Bromley-Hishanuma Garden	1594 E. Bromley Lane (west of farmhouse)

Plots are available for reservation for 2026 growing season, beginning at 8 a.m. on Friday, Feb. 6, 2026 for Brighton residents and at 1 p.m. for non-residents. Returning gardeners will be allowed to reserve their same plot on a space available basis.

RETURNING GARDENER REGISTRATION

January 16, 2026 - 8 a.m. for Brighton residents, 1 p.m. for non-residents.



Brighton Oasis

Information about Brighton Oasis reservations can be found on page 7. Reservations for the summer 2026 season will be accepted starting in January 2026.

Facility Rental Information

1886 Church Reservations

The 1886 Church is available for rentals and tours. The 1886 Church is located at 147 S. 1st Ave., Brighton, Colorado. The church can seat approximately 60 people. Folding chairs can be placed in the church to accommodate 10-15 additional people (chairs are not provided). **Restrooms are not available.**

The fee schedule is as follows:

- \$50 Resident rental fee
- \$70 Non-Resident rental fee

For more information regarding all rentals please contact the Recreation Center at 303-655-2200.

Refund Policy for Facility Rentals

For Community Rooms & the 1886 Church:

If a cancellation is 30 days prior to the event, there is a \$30 cancellation fee. For cancellations less than 30 days prior to the event, the entire damage deposit is forfeited.

For Park Shelters:

- No refunds with less than 10 days notice
- No refunds for inclement weather
- There is a \$7 cancellation fee for all park shelter cancellations

For Community Gardens:

- No refunds after the gardening season has started (when the water is turned on)
- There is a \$7 cancellation fee for cancellations prior to the start of the gardening season

For Brighton Oasis Rentals:

- If a cancellation is less than 30 days prior to the event, the full reservation fee charged.
- If a cancellation is 31 days or more prior to the event, a \$30 cancellation fee is charged.

For more information regarding all rentals, please contact the Recreation Center at 303-655-2200.

Park Shelter Rental Information

Shelters may be rented from May to September with some limitations on seasonal availability. Fees to reserve a shelter are as follows:

Park Shelters	
Resident \$85	Non-Resident \$105
The following parks are available May 4 to September 7	
Benedict Park, Brighton Park, Carmichael Park	
The following parks are available June through August	
Brighton Japanese American Association Park, Dewey Strong Park, Donelson Park, Farmer's Park, Pheasant Ridge Park	

**Emi Chikuma Splash Pad Shelter at Benedict Park is open 10 a.m. - 8 p.m. from Memorial Day to Labor Day. Park Shelter rental does not guarantee private use of water feature.*

- Events requiring special permits pending approval will need to be set up by calling 303-655-2230.
- Reservations must be made at least 10 days in advance and payment is due at the time of the reservation.
- All reservable park shelters are on a first come, first serve basis, unless otherwise posted and when not booked a minimum of 10 days in advance. All other shelters not listed will operate on a first come, first serve basis.



Facility Rental Information



ADVANCE BOOKINGS FOR THE SUMMER 2026 SEASON START JANUARY 2026

Party packages, pavilion rentals, shade shelter and private after hour rentals available.

RENTAL INFORMATION	
PARTY PACKAGE A	Up to 15 admissions and a 2-hour pavilion rental with soda. Cost \$225
PARTY PACKAGE B	Up to 25 admissions and a 2-hour pavilion rental with soda. Cost \$275
Pavilion Rental	This option is ideal for the do-it-yourselfers who just need their own sheltered space to host their own gathering. Admission not included. Cost \$75/hour
Shade Shelter	A covered seating option away from the action. Located in the northwest corner of the property, this area includes two lounge chairs and a small table with four chairs. Admission not included and your reservation must be made first. Cost \$30/ reservation slot of 2 hours, no deposit. Available for pre-booking (up to 72 hours in advance once your reservation for entry into the park has been made) or day-of rentals. For both pre-booking and day-of rentals, please inquire with the Brighton Oasis front desk.

Pavilion rental time slot options: 11 a.m.-1 p.m.; 1:30-3:30 p.m.; 4-6 p.m.

Brighton Oasis After-Hour Rental Information and Policies

Come and join us at the Oasis for an after-hours party or celebration. This is the perfect idea for your company or for family and friends to enjoy the amenities exclusively! After-hours rentals are available Thursdays, Fridays, and Saturdays from 6:30-8:30 p.m.

The rentals may begin setting up for their rentals no earlier than 6:15 p.m. Book your party early as spots will go fast. Starting in mid-July, pool access will need to end prior to 8:30 p.m. due to diminished light and safety concerns. Proration and adjustments will be made at the time of booking.

Guest count is required at the time of the booking.

AFTER-HOURS RENTAL FEES	
1 to 100 guests	\$600
101 or more	\$4 each additional person

**includes swimmers and non-swimmers*

To book your rental:

We are accepting bookings for rentals for the 2026 season starting January 5, 2026. For information or to book your rental, please call the Recreation Center at 303-655-2200. We request at least two weeks notice for all rentals (except shade shelter) and require full rental payment at time of booking.

Pool Rental Regulations

- Tobacco products, including vaping and alcoholic beverages are prohibited. Evidence of alcohol will result in immediate expulsion from the facility. No refund will be given.
- All facility and pool rules are strictly enforced.

In the case of bad weather, we can reschedule the event, subject to availability. If rescheduling cannot be accommodated, you will receive a full or partial refund depending on time of pool usage.



Aquatics

Indoor Pool - General Information

The Brighton Recreation Center offers a five-lane, 25-yard, year-round pool for leisure swimming, lap swimming, water aerobics, and educational programming. For you and your family's enjoyment, there is a leisure pool with water works and a slide - all riders must be 48".

Aquatics Contacts

Aquatics Supervisor:

Nicole Chapman – NChapman@brightonco.gov
303-655-2212

Aquatics Coordinator:

Taylor Krolopp - TKrolopp@brightonco.gov
303-655-2211

Assistant Aquatics Coordinator:

Lauren Speer - LSpeer@brightonco.gov
303-655-2213

Hours of Operation

Monday – Thursday

5:30 a.m. - 8:30 p.m.

Friday

5:30 a.m. - 6:30 p.m.

Saturday

7 a.m. - 4:30 p.m.

Sunday

10 a.m. - 4:30 p.m.

The recreation center pool is available for open and lap swimming daily. The pool closes 30 minutes before the recreation center.

Waterworks Schedule

Monday – Thursday

10:15 a.m. – 4:45 p.m. , 6:45 p.m. - 8:30 p.m.

Friday

10:15 a.m. – 6:30 p.m.

Saturday

10:15 a.m. – 4:30 p.m.

Sunday

10 a.m. – 4:30 p.m.

During group swim lessons, the slide, bubble bench, and waterworks will be closed.

Pool Closures

There will be no open swim during swim lessons. Saturday mornings the leisure pool will open at 10:15 a.m. for open swim. During swim practice, the entire lap pool is closed from 5:15 - 7:30 p.m.

REST PERIOD

Every hour on the hour from noon to 4 p.m., there is a 10-minute rest period. Both pools will be cleared except for ADULT (17 years of age and older) lap swimmers and adults with infants under one year of age.

DON'T FORGET!

You must wear a swimsuit in our pools.
No basketball shorts, tee shirts or street clothes.

Hot Tub, Dry Sauna & Steam Room Rules:

1. You must wear proper swim wear in the hot tub, steam room, and sauna. No long sleeves, pants, or heat retaining clothing.
2. You must shower before entering.
3. You must be at least 17 years old.
4. Electrical or battery operated equipment may be damaged by hot temperatures.
5. No spitting or release of bodily fluids allowed; no shaving.
6. Be cautioned that long exposure to these high temperatures may cause fatigue, dizziness, shortness of breath and nausea. Consult your physician before using. Please do not spend more than 15 minutes in heated amenities.
7. If you are pregnant or have respiratory/cardiac conditions, please consult your physician before using the heated elements.
8. Heated amenities are checked every 15 minutes.
9. No pouring liquid of any kind on the sauna heating element, as this will damage the unit.

Open Swim Note

All groups of 10 participants or more must be pre-approved by Aquatics Supervisor.

PARENTAL SUPERVISORY RULE:

- Children ages 6 and under must be accompanied within arms' reach by a parent or guardian age 16 years or up when in the pool. No exceptions.
- Children 7 years of age need to have supervision by a parent or guardian aged 16 years or up from the pool deck.
- Adult to child under age 6 ratio not to exceed 1 adult to 3 children.

Aquatics

Masters Swim Team

Do you want to swim on an adult swim team to improve your endurance and strength? Do you need motivation and coaching to swim a good work out? Come join the Masters Swim Team today! This hour-long workout will be provided with proper direction and technique improvement to build your strength, endurance, and times.

Day	Time	Cost
Mon & Wed	6 - 7 a.m.	\$100 for 20 punches

Location: Brighton Recreation Center

Brighton Gators Swim Team

An introduction to competitive swimming including: freestyle, backstroke, breaststroke and butterfly. Continued stroke development and an introduction to swimming in a productive team environment are also developed.

Age recommendation: Six - 14 years or pass skills test at Level Four.

Day	Dates	Time	Cost
Mon & Wed	Jan 5 - April 1 (No practice 1/19, and 2/16)	5:15 - 6:15 p.m.	\$95
		6:30 - 7:30 p.m.	

Location: Recreation Center Pool

*The 5:15 p.m. class is for beginner/intermediate swimmers. The 6:30 p.m. class is for intermediate to advanced swimmers who are able to swim non-stop distances of 200 yards or more.

Note: The lap pool will be closed during swim practice Monday and Wednesday from 5:15 – 7:30 p.m.

There will be a drop-in stroke clinic for CARA participants offered on the first Friday of each month. Ask your coach for more details!



American Red Cross

American Red Cross Blended Learning Lifeguard Training American Red Cross Lifeguarding - Cost \$55

We run our lifeguard classes with the intent to hire successful candidates upon completion of their training. This is a 2-year certification that is the property of the person certified, and is valid at any location that accepts American Red Cross certifications (including the City of Brighton). It will include ARC Lifeguarding, CPR/AED for the Professional Rescuer, First Aid, Blood Borne Pathogens, and Administering Emergency Oxygen.

This blended learning class is an accelerated version of our lifeguard training. Candidates must complete an online portion of the class before the start date, and all pre-requisite tests on or before the first day of class. Scholarships available, please contact the Aquatics Supervisor at 303-655-2212 for details.

Age	Day	Date	Time
15+	Sat-Mon	Jan 24-26 Feb 21-23 March 14-16	8 a. m.-4 p. m.
	Wed-Fri	March 18-20	
	Sat, Sun, Sat	April 4, 5, 11	
	Sat-Mon	April 25-27	
	Sat-Mon	May 2-4	

Location: Brighton Recreation Center



Do You Need a Job? Something Fun in the Sun? Looking for Extra Cash?

Even though there may be snow on the ground, now is the time to think about your employment for the summer. Applications are being accepted for lifeguards and swim instructors for the Brighton Oasis and the Recreation Center. We work around your schedule, so you don't have to worry about interfering with sports, school, or other commitments. You will also receive a free pass to the Rec Center for the duration of your employment! You must be at least 15 years of age. Take a lifeguard class with us today!

*For more details please call the Aquatics Supervisor at 303- 655-2212.

Aquatics

Private Swim Lessons

Lessons are available for those who want more individualized attention. We have a “pool” of enthusiastic instructors looking forward to helping you or your child achieve your goals! Please allow at least two weeks for initial contact.

Private Lesson Packages

Cost	Day/Time
4 pk-\$120 PLPP4 8 pk-\$240 PLPP8	Times available upon instructor and student compatibility

Semi-Private Lesson Packages

Semi-private lessons are for 2-4 children with an instructor. **Fee is per child, and participant must provide the additional student(s) to make it a semi-private lesson.** Each lesson is 30-minutes long.

Cost	Day/Time
4 pk-\$80 PLPP4 8 pk-\$160 PLPP8	Times available upon instructor and student compatibility

- Private and semi-private lesson packages can be purchased after contact with a swim instructor and a start date is established. Semi-private lesson participants must be at or near the same skill level.
- If you have questions on lessons or are interested in registering for private or semi-private lessons, please call the Assistant Aquatics Coordinator at 303-655-2213.

When requesting private or semi-private lesson packages, please be aware of our policies:

- Please allow two weeks for first contact before following up to find out where you are on the wait list.
- Cancellation policy: If you need to cancel a scheduled lesson, you must notify your instructor directly of the cancellation at least 24 hours in advance of your lesson, except in extenuating circumstances. Failure to notify your instructor in a timely manner may result in the loss of that lesson.
- Your swim instructor is expected to extend the same respect to you! If you are having challenges with your instructor, please contact the Assistant Aquatics Coordinator at 303-655-2213.
- If you are late to a lesson, your instructor may not be able to extend your lesson past the scheduled end time depending on their personal schedule. We can't make other scheduled lessons run late to accommodate late arrivals.

To submit your request, please visit us at www.brightonco.gov/1310/Private-Swim-Lessons

Swim Lesson Information

Swim Lesson Quick Tips

- There is no sure way to predict how quickly your child will progress to the next level. It is not unusual for students to repeat levels multiple times until they are proficient and can perform swim skills consistently.
- Pollywogs is similar to Level 1 while Guppies is similar to Level 2. The reason for the preschool separation is to avoid huge age differentials i.e., a four year old in Level 1 with a nine year old.
- Please keep in mind the benefit of being added to the waitlists. Your child may end up in a class. We attempt to accommodate waitlist swimmers when possible.
- Your swim instructor is your best resource for addressing your swimmers needs, goals and expectations. Please communicate with your instructor often.
- Contact aquatic management for any questions or concerns regarding your child's swim level placement including future registration.

Swim Lesson Registration

Swim lessons are held at:

Brighton Recreation Center
555 North 11th Ave.

Please review our refund policy

- All group swim lesson classes offered must have at least three registrants. Classes below the minimum will be canceled or combined with a similar level class. (Excluding private and semi-private lessons.)
- Cancellation deadline for all lessons is five business days before each session begins. You will not receive a refund after this time has passed.
- Class maximums are set for quality and safety reasons.
- Fees must be paid at time of registration.

**Note: A parent or legal guardian may only register their child(ren) under age 18.*

We are looking for instructors who can teach specialty swim lessons! Are you bilingual? Do you have experience working with adaptive programs? Please reach out to the Aquatics Supervisor at 303-655-2212 to discuss options!

Aquatics

Session A Lesson Registration

Residents Only - Thursday, December 11, 2025

Open Registration - Friday, December 12, 2025

Walk-in at 6:30 a.m., online at 8:30 a.m.
(within legal Brighton city limits with proof of residency)

Walk-in at 6:30 a.m., online at 8:30 a.m.
(within legal Brighton city limits with proof of residency)

Session B Lesson Registration

Residents Only - Monday, January 12, 2026

Open Registration - Monday, January 12, 2026

Walk-in **and** online at 6:30 a.m.
(within legal Brighton city limits with proof of residency)

Walk-in **and** online at 8:30 a.m.

Session C Lesson Registration

Residents Only - Monday, February 9, 2026

Open Registration - Monday, February 9, 2026

Walk-in **and** online at 6:30 a.m.
(within legal Brighton city limits with proof of residency)

Walk-in **and** online at 8:30 a.m.

SWIM CLASS DESCRIPTIONS

There is a maximum of four to eight participants in most class offerings excluding the class "Water Babies" which has a maximum of 10 children and their parent. Due to the parent to child ratio in Water Babies, higher class maximums can be possible with the approval of aquatic management. Upperlevel swim lessons may have a higher class maximum due to advanced swimming abilities.

To register, contact the recreation center 303-655-2200. Please refer to age ranges when enrolling students. To ensure class safety, students enrolled incorrectly may be removed from lessons if we do not have room for them to move to the correct class. For more information on swim lessons and placement, contact the Assistant Aquatics Coordinator at 303-655-2213.

WB

Water Babies

Ages 6 months - 3 years

Parents must be in the water with their child. Parents will learn water safety and how to help their child feel comfortable and explore in the water. Skills include supported floats, breath control, and underwater play. The class also introduces children to working with a coach.

MP

Minnows

Ages 3-5 years

Class may be held in the lap pool when possible

This class is for students who have completed Preschool Guppies or are semi-independent in the water with a coach. It continues on basic skills with a focus being comfortably independent swimming halfway across the pool. Successful students may move on to Level 3 with agreement from coach. If participants ages out, continue to Level 2.

P

Pollywogs

Ages 3-5 years

This beginner class is for children with little to no water experience. Students will learn to be comfortable in the water with a coach. If student ages out, continue to Level 1. If student successfully passes from the coach, they will move onto Preschool Guppies.

1

Level 1: Water Exploration

Ages 6-14 years

This beginner class is for older children with little to no water experience. Students will learn to be comfortable in the water with an instructor. If participant passes successfully, they will move onto Level 2.

G

Guppies:

Ages 3-5 years

This class is for students who have completed Preschool Beginner Pollywogs or are comfortable in the water with a coach. It builds on basic skills with a focus on independent skills. Successful students may move on to Preschool Minnows with agreement from coach. If student ages out, continue to Level 2.

2

Level 2: Fundamental Skills

Ages 6-14 years

This class is for students who have completed Level 1 or are comfortable in the water with a coach. It builds on basic skills with a focus on independent skills. Successful students may move on to Level 3 with agreement from coach.

Aquatics

Swim Class Descriptions (cont)

3

Level 3: Stroke Mechanics

Ages 6-14 years

This class is for students who have completed Preschool Minnows or Level 2, or are semi-independent swimmers with a coach. It focuses on building confidence and independence in the water while improving freestyle and backstroke. Students will be introduced to breaststroke, elementary backstroke, and treading water, while continuing to develop proper breathing techniques and endurance. To advance to Level 4, students must swim the full length of the pool independently and have coach approval.

4

Level 4: Stroke Development

Ages 6-14 years

This class is for students who have completed Level 3 and are ready to strengthen their swim skills. Students will refine freestyle and backstroke, learn side breathing, and be introduced to diving and breaststroke. They'll build endurance with distance swimming, work on treading water, and practice dolphin kicks. Swimmers will aim to swim 50 yards and prepare for advancement to Level 5.

5

Level 5: Stroke Refinement and Endurance

Ages 6-14 years

**Class may be combined with Level 4*

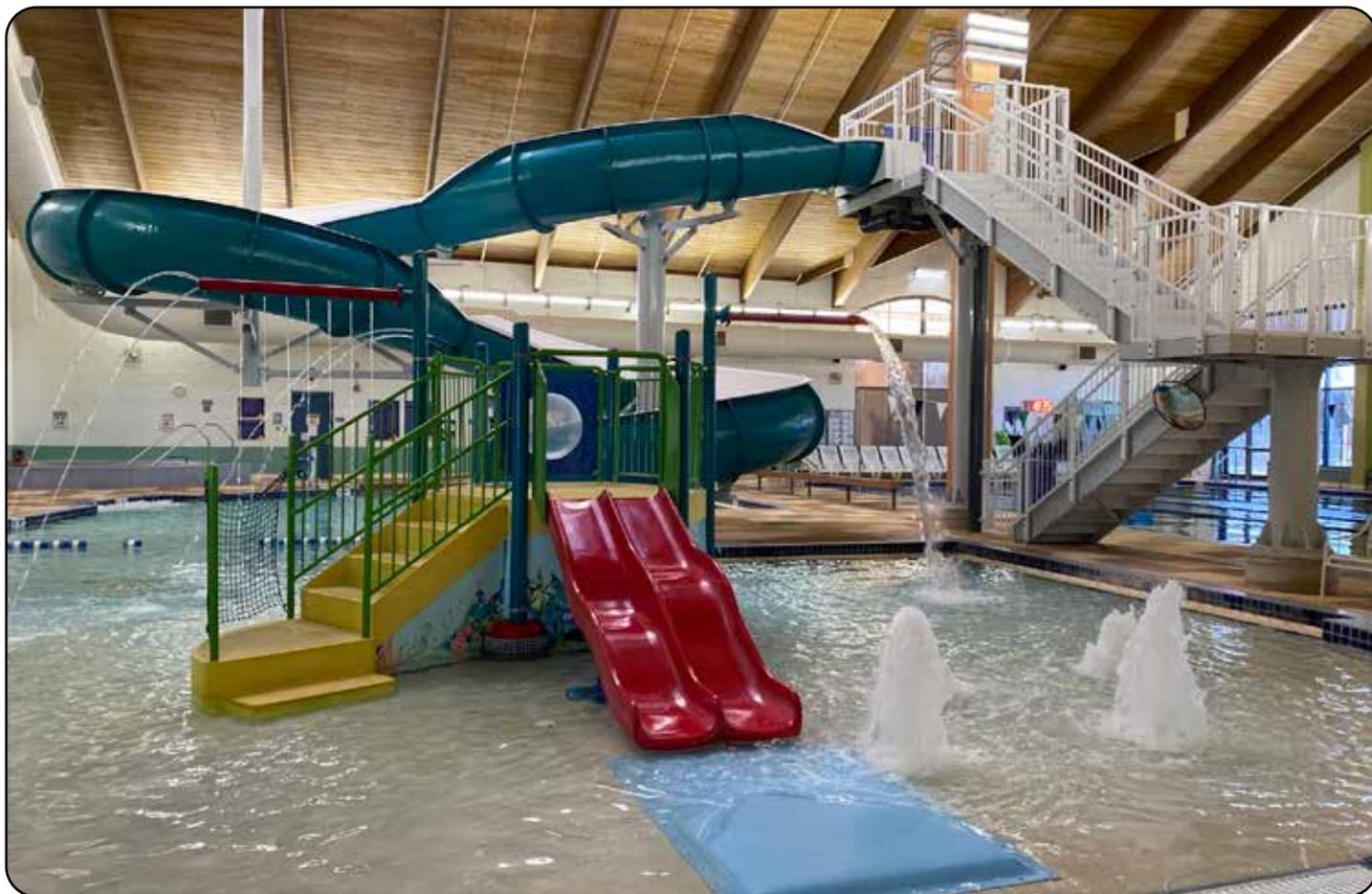
This class is for students who have completed Level 4 and are ready to build endurance and improve technique in freestyle, backstroke, and breaststroke. Students will learn sidestroke, be introduced to butterfly and flip turns, and focus on distance swimming. Once skills are mastered, they may move on to the CARA swim team program.

Come work with us!

Did you know that swim lessons are the number one way to prevent drowning? You can change the lives of so many! Get paid and make a difference.

We offer paid in-house trainings and are always hiring swim instructors! In order to be a swim instructor you must be at least 16 years of age.

For more information call 303-655-2213.



Aquatics

2026 WINTER SWIM LESSONS

Please show up five minutes early to your first class. Class size will range from 3-8 participants per instructor. Combining classes may be necessary to meet class inimums instead of cancelling classes that have less than three participants enrolled. Combined classes will not exceed eight participants.

Monday/Wednesday Afternoon Swim Lessons

Monday/Wednesday Afternoon Swim Lessons						Choose your session	
5 - 5:30 p.m.	Pollywogs	Level 2	Water Babies	Level 5	Pollywogs	Session A	Jan 5 - 28*
5:35 - 6:05 p.m.	Level 1	Pollywogs	Level 3	Guppies	Level 4	Session B	Feb 2 - 25**
6:10 - 6:40 p.m.	Guppies	Minnows	Level 3	Level 1	Guppies	Session C	Mar 2-18***

*Session A includes seven classes for \$35. No class on 1/19. ** Session B includes seven classes for \$35. No class on 2/16.
 *** Session C includes six classes for \$30.

Tuesday/Thursday Afternoon Swim Lessons

Tuesday/Thursday Afternoon Swim Lessons						Choose your session	
5 - 5:30 p.m.	Guppies	Level 4	Pollywogs	Level 2	Pollywogs	Session A	Jan 6 - 29
5:35 - 6:05 p.m.	Pollywogs	Level 1	Water Babies	Minnows	Level 4	Session B	Feb 3 - 26
6:10 - 6:40 p.m.	Pollywogs	Level 2	Level 3	Level 5	Guppies	Session C	Mar 3-19***

*** Session C includes six classes for \$30.

Saturday Morning Swim Lessons

Saturday Morning Swim Lessons						Choose your session	
8:30 - 9 a.m.	Level 3	Pollywogs	Minnows	Level 2	Pollywogs	Session A	Jan 3 - 24
9:05 - 9:35 a.m.	Pollywogs	Guppies	Water Babies	Level 4/5	Level 1	Session B	Jan 31 - Feb 21
9:40 - 10:10 a.m.	Pollywogs	Guppies	Level 5	Guppies	Level 2	Session C	Feb 28 - Mar 21



Youth Programs

Drop-In Child Care

Monday - Friday	8:30 a.m. - 1 p.m.
Saturday	8:30 - 11:30 a.m.
Monday - Thursday	5 - 7:30 p.m.

- Drop-in Child Care provides supervised child care for children six months through nine years of age.
- Children showing symptoms of illness, including but not limited to, fever, cough, runny nose, vomiting, shortness of breath, diarrhea, will not be permitted in the child care area.
- Supervised care is only available while using the Recreation Center.
- For first-time visitors, parents need to register their children upon arrival.
- Only punch cards are accepted in child care; no cash.
- Child care punch cards are available for purchase at the front desk and reloadable in 10 and 20 visit punch cards.
- Cost is \$4.50/visit per child.
 - \$40/10-visit punch card
 - \$75/20-visit punch card
- There is a two-hour time limit per visit.
- Please bring a labeled drinking cup or a water bottle and a snack for your child.
- Child Care will be closed on December 24, 25 and January 1 ALL DAY, December 31 PM ONLY

Cooks and Books

Does your little one love to read and is curious about the kitchen? Join us for cooks and books where we will read a book and make a treat to go along with it.

Min/Max: 6/10

Cost: \$30/child

Age	Day	Date	Time
3-8	Mon-Fri	Mar 23-27	2:30 - 3:30 p.m.

Tots Together

A fun and friendly program where guardians and toddlers can connect, play, and grow together! Enjoy interactive activities, social time, and a welcoming space to meet other families in the community. Guardians are required to be present.

Drop in, no registration required

Cost: \$2 (parent included)

Age	Day	Date	Time
5 and under	Tuesdays	Jan 6 - Mar 31	11 a.m. - 12 p.m.

Preschool Age Programs

These educational programs provide a great opportunity for children to engage with peers in a supervised group environment that encourages creativity, interaction, socializing, problem solving and communication. Children are led through different activities to enhance fine and gross motor skills with age appropriate games, stories, songs, crafts and worksheets.



Wee One's

Through the exploration of various games, crafts, books and activities, we focus on individual and group socialization plus cooperative play in a fun and colorful setting. Parents must remain in the recreation center lobby during this program.

Min/Max: 6/8

Cost: \$54

Age	Day	Date	Time
2-3	Tu/Th	Jan 13-Feb 19	8:30-9:15 a.m.
		Feb 24-April 9	
		April 14-May 21	
	Wed/Fri	Jan 14-Feb 20	
		Feb 25-April 10	
		April 15-May 22	

*No Classes during Spring Break – March 23-27

ABCs & 123s

This class prepares little ones for pre-school by learning basic classroom environment and behavior expectations such as holding a pencil, sitting with a group and at a table, classroom participation, listening, sharing and instruction. Children learn socialization skills, numbers, colors, letters and much more. Activities include arts and crafts, games and songs. Send your child with a small snack daily.

Min/Max: 6/10

Two Day Session Cost: \$102

Three Day Session Cost: \$153

Age	Day	Date	Time
3-4	Tu/Th	Jan 13-Feb 19	9:30-11:30 a.m.
		Feb 24-April 9	
		April 14-May 21	
	Mon/Wed/Fri	Jan 12-Feb 20	
		Feb 23-April 10	
		April 13-May 22	

*No Classes during Spring Break – March 23-27

Youth Programs

AFTER SCHOOL

Minecraft Master Engineering

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

Min/Max: 10/25

Age	Day	Date	Time	COST
6-11	Thu	Jan 22- Feb 19	5-6:30 p.m.	\$130

MAD Science

Science Surprise-Kids will unbox the surprising world of science as they discover a new STEM topic in each class! In this program, kids learn about several specialized areas of science, including forensics, geology, meteorology, entomology, and mechanical engineering. They gain foundational science knowledge that will help them in their future science endeavors.

Min/Max: 10/20

Age	Day	Date	Time	COST
6-11	Wed	Feb 25 - Apr 1	4:30-5:30 p.m.	\$144

Cupcake Decorating Classes with Mulberries

Mulberries Cupcake Decorating Workshop is here! Please register to join us for an hour after school.

Min/Max: 4/25

Age	Day	Date	Time	COST
5 and over	Wed	Jan 14	4:30-5:30 p.m.	\$40
		Feb 11		
		Mar 11		

Clay Sculpting Classes with Jenny

Jenny Sorensen, a local artist specializing in polymer sculpting. With over 30 years of experience in polymer clay and teaching clay classes since 2015, she's eager to share her passion. Jenny's teaching style is easy to follow, hands-on, and informative. Join Jenny for an afternoon of fun learning about and sculpting with polymer clay. All materials are included.

Min/Max: 10/20

Age	Day	Date	Time	COST
8-13	Thu	Jan 8 (Penguin)	4:30-6 p.m.	\$35
		Feb 5 (Valentine)		\$35
		Mar 5 (St. Patty's)		\$40
		Apr 2 (Bunny)		\$40

EVENTS

Parent's Night Out

Need a night out? Leave the kids with us while you enjoy a night out on the town or a quiet night at home. We will provide the fun and games.

Min/Max: 10/25

Age	Day	Date	Time	COST
4 - 12	Fri	Feb 13	5-9 p.m.	\$25
	Sat	Apr 4		

Noon Years Celebration

Making it to midnight can be difficult for littles, or any age really! Join us to celebrate ringing in the New Year at noon! Refreshments, snacks, games, and of course a count down will be included in your Registration fee.

Registration deadline: December 28

Min/Max: 20/100

Age	Day	Date	Time	COST
All Ages	Wed	Dec 31	11:30 a.m. - 1 p.m.	\$25 (1 adult & 1 child) Call to add additional participants

Someone Special Dance

Join us for a magical night of dancing, activities and prizes. Ticket price includes dancing, dessert, and drinks. This year's theme will be "Glow in the Dark". Registration is required. This event does sell out.

Registration deadline: February 18

Min/Max: 20/100

Age	Day	Date	Time	COST
All Ages	Sat	Feb 21	5:30-8 p.m.	\$25 (1 adult & 1 child) Call to add additional participants



Teen Programs

Volunteer Trips

A chance for teens to earn volunteer hours, make a difference in their community, and connect with new people, all while gaining meaningful experience. All trips meet and end at the Recreation Center, transportation included.

Age	Day	Date	Time	Location	Cost	Min/Max
12 - 18	Mondays	Jan 19	9:30 a.m. - 3 p.m.	TBD	Free	4/12
		Feb 23	9 a.m. - 1 p.m.	A Precious Child		
		Mar 23	9 a.m. - 3 p.m.	FRIENDS of Broomfield		
		Apr 13	Noon - 3:45 p.m.	Ronald McDonald House		



Adventures

Want to get out of the house and go have some fun?! Adventures are meant to explore, try something new, and hang out with your friends. All trips meet and end at the Recreation Center. Transportation included.

Age	Day	Date	Time	Location	Cost	Min/Max
11 - 18	Sat	Mar 21	5 - 9:30 p.m.	Eagles Hockey Game	\$35	4/12
		Feb 24	9:30 a.m. - 1 p.m.	Ice Skating & lunch	Free to register. Must bring Cash. Skating: \$6 Rentals: \$5 Lunch: \$15-20	



**FOR MORE TEEN PROGRAMS
PLEASE CHECK US OUT ONLINE!**

Funshine Camp



Funshine is a state licensed summer day program for children ENTERING 1st-7th grades. For 30 years, Funshine has provided children a safe and creative environment to spend their summer holiday.

Participants attend weekly swimming and field trips along with daily games, sports and crafts. The program is divided into groups based off of age, to provide the best experience for each camper.

- **Registration for returning families begins at 7 a.m. on February 2, online.**
- **New family registration will begin at 7 am on February 3, online.**
- FUNSHINE FILLS QUICKLY. NO SPOTS ARE GUARANTEED
- A \$100 non-refundable deposit is due at the time of registration
- In-person, phone or mail-in registration is not permitted

NEW** Registration will be offered online only. Please plan to set up your Amilia account with the Brighton Recreation Center prior to registration to ensure a smooth process. If you have questions, please call.

NEW** Extended care will be offered to all campers as a single, comprehensive price. Additionally, to fit the 27J school calendar, we will be offering camp as a 9-week program.

Location: TBD

Grade	Day	Date	Time	COST
1st - 7th	Mon - Fri	June 8 - Aug 7	7:30 a.m. - 5:30 p.m.	\$1,700

PAYMENT OPTIONS

The Funshine program allows families to either pay the full camp fee at the time of registration or make installments by May 18, 2026. Paying the \$100 deposit implies the understanding that payments will be received no later than Monday, May 18. Any payments not received by May 18 may result in a child being unenrolled from the program and moved to the waitlist.



General Interest

Tap & Ballet

Your dancer will LOVE our 45 minute tap-ballet combo class. This class will build their self-confidence, improve their listening skills, teach life skills, and prepare them for future studio dance instruction. The class consists of 20 minutes of Tap instruction, 5 minute shoe transition, and 20 minutes of Ballet instruction. We will provide a structured environment while allowing the kiddos to explore their own creativity. We want the students to learn their core tap and ballet skills, but also use correct terminology for each movement. Students will have the chance to express themselves through exciting movement activities.

Recital Performance held in March.

Costume fee \$65 due by January 31st.

Min/Max: 4/12

Cost: \$180

Age	Day	Date	Time
4-6	Mon	Jan 5 - March 30*	5:45 - 6:15 p.m.

*No class March 23

Ballet - Tiny Tutus

Our 30 minute Tiny Tot Ballet class is perfect for your imaginative dancer. Our focus is to introduce the students to the joy of music, movement, & creativity. The key is using our imagination while incorporating creative movements! We will go on butterfly adventures, explore Royal Kingdoms as Princes & Princesses, venture into the ocean as mermaids, and so much more! In this relaxed environment, we allow the kiddos to create and recognize their own individuality while developing body awareness. They will learn basic ballet skills, life skills, and how to express themselves through movement.

Recital Performance held in March.

Costume fee \$65 due by January 31st.

Min/Max: 4/8

Cost: \$144

Age	Day	Date	Time
2-3	Mon	Jan 5 - March 30*	5 - 5:30 p.m.

*No class March 23



Kids 'N Canvas

Your kids love to paint and create, but the thought of getting out the craft supplies and cleaning up after makes you twitch...Kids 'n Canvas to the rescue! In just two hours, a Gallery Guide will instruct a fun and fabulous piece of art while painters follow along creating their own MYsterpiece! It's guaranteed to bring out creativity, fun and laughter. But don't worry, no art-smarts are needed. Painters will follow simple step-by-step instructions. It's not a painting class...it's a painting pARTy! Artwork is pre-selected, but creativity is encouraged! Class includes all supplies, snacks and fun!

Min/Max: 5/20

Cost: \$18

Age	Day	Date	Time
6-13	Mon	Jan 19	10 a.m. - 12 p.m.
		Feb 16	
		Mar 16	

5280 Theater Camp - Mystery Camp

Lights, curtain...shhh its a surprise! Young performers will discover the magic of the stage while learning the fundamentals of theater. Through fun games, creative exercises, and hands-on workshops, campers will explore acting, voice, movement, and storytelling. They'll build confidence, imagination, and teamwork as they bring characters to life and create a performance for family and friends at the end of the week!

Min/Max: 10/25

Cost: \$100

Performance: March 27, 5 p.m.

Age	Day	Date	Time
6 - 13	Mon-Fri	March 23 - 27	9 a.m. - 1 p.m.

Willmaker Legal Seminar

In a single easy session, complete a will, a financial power of attorney, and a combined medical directive (including living will, medical power of attorney, and organ donation), all with the help of a licensed attorney "Rebecca L Bennetti" and her staff. Couples must have individual will. Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions.

Min/Max: 6/12

Cost: \$125 (per person)

Age	Day	Date	Time
18+	Wed	Feb 11	12 - 4 p.m.
		April 8*	

*Hosted at Sue Corbett Active Adult Center at Eagle View

Fitness & Wellness



Strength/Cardio Classes

Beginner Cycle: This class is perfect for those new to indoor cycling! Learn proper bike setup, riding technique, and pacing while enjoying a fun, low-impact workout. You'll build confidence, improve endurance, and leave feeling energized.

Body Burn: Strengthen, tone, and sculpt your entire body while also generating a metabolic "ripple" effect that will continue to burn fat for hours after the workout.

Cycling: This cycle class is an hour long and allows you to be in control of your intensity and resistance

Dance Fit: Weights, bands and fun jams! Work it out while you dance it out with friends. Class is designed for all fitness levels, see you on the dance floor.

Dance Jam: Learn today's hottest hip hop moves while enjoying the benefits of a fun, dynamic workout that tones muscles and develops core strength.

Les Mills BODYPUMP: BODYPUMP is a strength endurance training class where muscle and music collide! Low on complexity but high in fun, this class has all the benefits of traditional weight training combined with time efficiency and predictability.

Les Mills STRENGTH DEVELOPMENT: This progressive strength training program consists of 12 workouts. The workouts combine slow and controlled movements, functional exercises, and dynamic core training to enhance strength, power, and athleticism.

Les Mills TONE: If you want the optimal mix of strength, cardio, and core training, this is it! The challenging mix of lunges, squats, running and resistance tubing exercises will help you burn calories.

Power Hour: A total body HIIT workout that focuses on strength and cardio conditioning to help build strength and power. *(Reservations required)*

Total Body Conditioning: This high-intensity interval training (HIIT) class will focus on functional movements for the whole body and improvement of cardio and strength capabilities.

Turn Up: A high intensity interval training dance workout that feels like you're going to the club with your friends!

Zumba: This calorie-burning dance fitness class mixes low-intensity and high-intensity moves for an interval-style workout. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise.

Mind/Body Classes

Barre: A low impact workout, fusing the principles of Ballet and Pilates with resistance and isometric training performed in a weight bearing format at the ballet barre.

Pilates-Plus: Core conditioning and classic mat work lengthen and strengthen the muscles.

Yoga: Learn basic poses that build strength and flexibility and incorporate breathing techniques to calm and de-stress the body.

Gentle Yoga: This soothing class is designed for those seeking a mindful and accessible practice with minimal transitions between standing and floor poses. We focus on gentle stretches, seated and supported postures, and slow, intentional movements to promote relaxation and flexibility. Perfect for beginners, those with mobility concerns, or anyone looking for a peaceful, low-impact yoga experience. Chairs will be available for anyone in need.

Restorative Yoga: This practice encourages the nervous system to shift into a state of rest and digest, promoting physical and mental healing.

Active Older Adults

Fit for Life: Fit for Life is a low-impact, strength-focused fitness class designed to help active seniors build muscle, improve balance, and enhance overall mobility. Using light weights, resistance bands, and bodyweight exercises, this class supports bone health, joint stability, and functional strength for everyday activities. Whether you're new to strength training or looking to maintain your fitness, Fit for Life offers a safe, supportive, and energizing environment to keep you feeling strong and confident at any age!

Silver Sneakers Circuit: Designed for active adults who desire a safe and effective low-impact workout. This class will bring heart-healthy aerobics to your workout using low-impact movements.

Water Fitness Classes

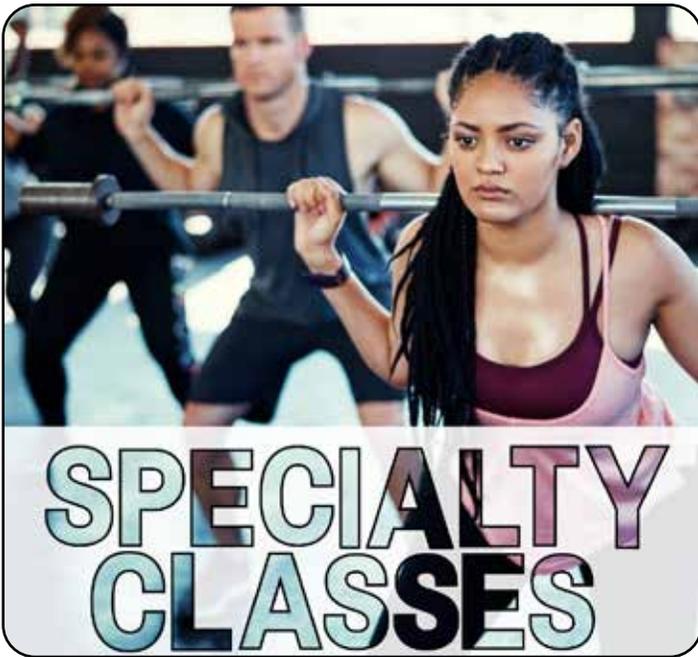
Aqua Fitness: Tone and sculpt your body with no impact to your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training and may incorporate resistance tools such as buoyant water weights and noodles.

Aqua Fusion: Blend the best of shallow and deep-water fitness for a full-body challenge. Move through a variety of cardio, strength, and core exercises using the resistance and support of water at all depths.

**Class schedules are subject to change.
Scan the QR Code for the most up-to-date schedule**



Fitness & Wellness



Steel Mace Demo Sessions with Steven

Steel Mace Flow builds full-body functional strength and muscle through both linear and rotational movements inspired by ancient warriors. Drop by for a 20-minute trial of this fun and challenging practice!

BRC Lobby

Age	Day	Date	Time	COST
16+	Saturdays	Jan 17	8 - 10 a.m.	FREE
		Jan 24		

Step and Sculpt with Stephanie

Step and Sculpt combines classic step aerobics with strength training for a full-body workout that strengthens muscle, boosts cardiovascular endurance, and enhances agility. Using step platforms to add elevation and variety increases the challenge and effectiveness of each movement. This class keeps your heart pumping while sculpting lean, powerful muscles.

Group Fitness Studio

Min/Max: 3/20

Age	Day	Date	Time	COST
16+	Wednesdays	Jan 28	6:30 - 7:30 p.m.	\$10 per class
		Feb 25		

Get Down Choreo Class with Aliyah

Get ready to slay this winter! This high-energy dance class will teach you fun hip hop moves and dynamic choreography that build confidence, coordination, and stage presence. Whether you're a seasoned dancer or just looking to try something new, you'll leave feeling strong, empowered, and ready to own the stage!

Group Fitness Studio

Min/Max: 3/25

Age	Day	Date	Time	COST
18+	Wednesdays	Jan 14	7 - 8:30 p.m.	\$15/class
		Feb 11		

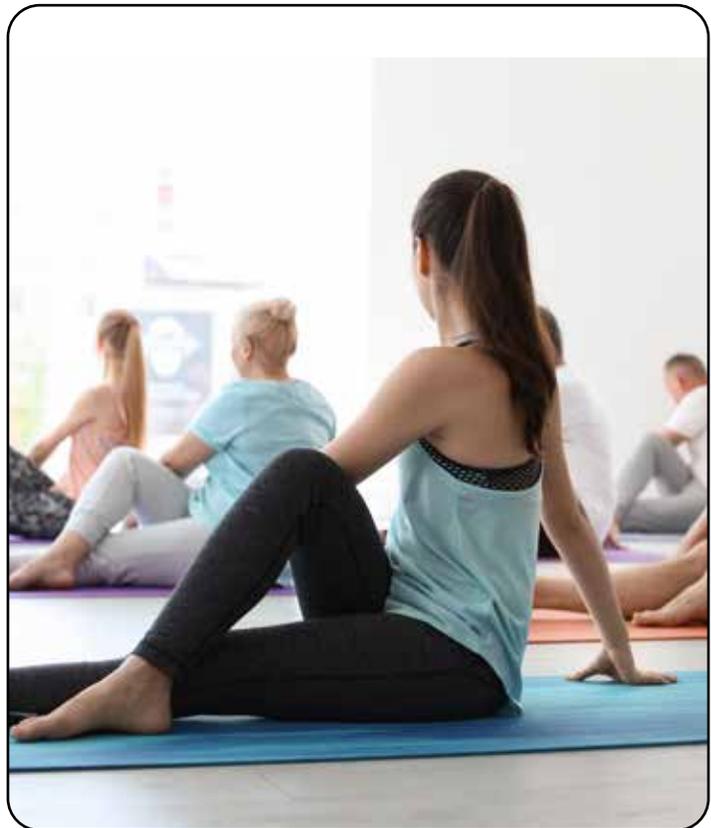
Deep Stretch for Athletes with Stephanie

Unwind tight muscles and restore mobility in this recovery-focused class designed for active bodies. You'll learn techniques like foam rolling, self-myofascial release, and guided mat stretches to help improve flexibility, reduce soreness, and enhance performance. Perfect for athletes and weekend warriors alike—your body will thank you!

Group Fitness Studio

Min/Max: 3/12

Age	Day	Date	Time	COST
16+	Saturdays	Jan 3	8 a.m.	FREE
		Feb 7		
		Mar 7		



Fitness & Wellness

Cycle and Strength with Stephanie

Cycle and Strength is perfect for those who love the energy of spin but want a little extra challenge. Ride to upbeat tracks that make you want to move, then build strength with powerful, off-the-bike exercises - led by me or one of our amazing cycle instructors!

Cycle Studio

Min/Max: 3/15

Age	Day	Date	Time	COST
16+	Mondays	Feb 2	6 - 7 p.m.	\$10 per class
		Feb 16		
		Mar 2		

Beginner Pickleball Series with Karen

Learn the foundations of Pickleball in this fun, friendly, and welcoming series! Class meets twice weekly for 4 weeks. The first part of class will outline a skills focus for the day, then we'll hit the court for some hands-on practice! Get ready to join the fun!

Gymnasium

Min/Max: 3/10

Age	Day	Date	Time	COST
18+	Wed & Fri	Jan 7-30*	11 a.m.-12:30 p.m.	\$120
		Feb 4-27		
		March 4-27*		

*(No class Jan 21 or March 18)

Women on Weights Series

This intro to weightlifting series is geared towards helping women gain confidence in the fitness center. Participants will familiarize themselves with different types of equipment and exercise modalities and learn how to program safe and effective workouts to reach their wellness goals. The series meets once per week for 4 weeks.

Fitness Center

Min/Max: 3/5

Age	Day	Date	Time	COST
18+	Wednesdays with Alice	Jan 7-28	5-6 p.m.	\$40
		Feb 4-25		
		Mar 4-25		
	Fridays with Colleen	Jan 9-30	10-11 a.m.	
		Feb 6-27		
		Mar 6-27		

*Make up sessions will be offered for classes that fall on holidays.



Specialty Classes

Stay tuned for upcoming fitness workshops and series led by our amazingly talented staff. Foam rolling workshops, strength training series, yoga workshops, and more! Please visit the front desk to learn about these special opportunities and level up your wellness game.

*Advance registration is required in order to attend specialty classes.

Fitness & Wellness

Winter Wellness Challenge

This 8-week challenge is designed to help participants establish healthy habits as we move into the new year! Each group will meet with their coach once per week to learn various exercise modalities and participate in team wellness challenges. Coaches will provide weekly guidance, motivation, and progress tracking!

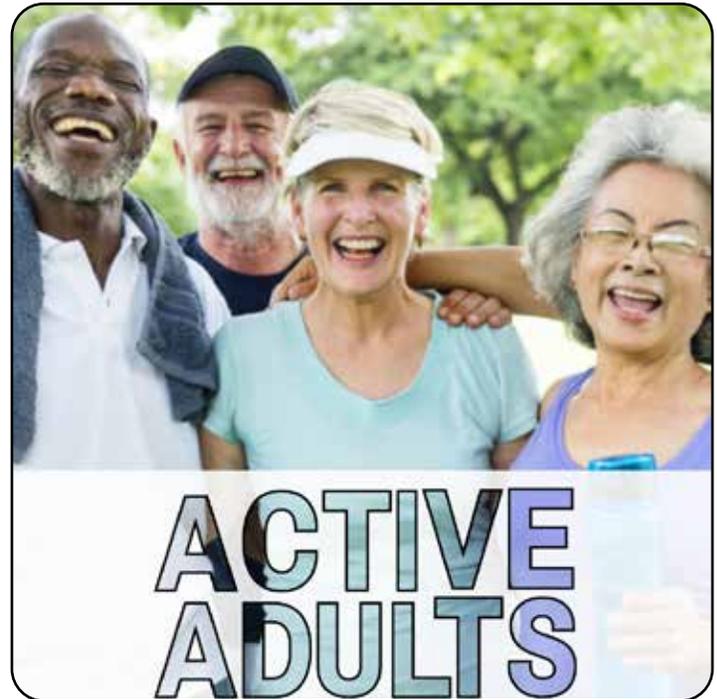
Participants will have the option of adding 3 personal training sessions for added benefits! While we try to match participants with their coach for training, it is not guaranteed. All participants win a prize just for signing up! Winners will also be awarded for 1st Place Team, 1st Place Individual, 2nd Place Individual, and 3rd Place Individual.

Fitness Center

Min/Max: 3/6

Age	Day	Date	Time	COST
18+	TBD	Jan 19 - Mar 13	TBD	\$100 (group sessions only) \$175 (group sessions + 3 Personal Training Sessions)

**Make up sessions will be offered for classes that fall on holidays.*



Silver Strong Weight Lifting

Healthy bones, strength and range of motion are essential to an active lifestyle. This class takes place in the weight room where you will learn how to use strength training equipment for a safe and effective workout. A personal trainer will guide you through each session. This active older adult class will be full of fun, fitness, and knowledge!

Sessions meet weekly for 4 weeks. Registration is required. If you plan on attending multiple sessions, please register for all sessions to ensure that your spot is reserved.

Fitness Center

Min/Max: 2/6

Cost: \$30 for sessions that meet twice per week; \$15 for Friday only sessions. *Free for Renew Active, Silver Sneakers, and Silver Fit members!*

***Note:** A medical evaluation and physician's release is required.

Age	Day	Date	Time
	Mon/Wed with Damaris	Jan 5-28	9:30-10:30 a.m. 10:30-11:30 a.m.
		Feb 2-25	
		March 2-25	
50+	Tue/Thu with Stephanie	Jan 6-29	9:30-10:30 a.m. 10:30-11:30 a.m.
		Feb 3-26	
		March 3-26	
	Fri with Julia	Jan 9-30	9:30-10:30 a.m. 10:30-11:30 a.m.
		Feb 6-27	
		March 6-27	

**Make up sessions will be offered for classes that fall on holidays.*



February is Heart Health Month!

February is all about showing your heart some love — and what better way than with a great cardio workout? Join us for fun, heart-pumping options all month long, including Cycle classes, HIIT workouts, and your choice of cardio equipment!

Whether you're spinning to the beat, pushing through intervals, or logging miles on the treadmill, every move helps keep your heart strong. Grab a friend, break a sweat, and let's make February all about healthy hearts and happy vibes!

Fitness & Wellness



Individual Personal Training

Each body type is unique and requires a different kind of training method to reach optimum health and fitness. A certified personal trainer can gauge your current fitness level, discuss your goals and develop a program tailored to meet your specific needs. Sessions are one hour each. Each registration includes a complimentary 30-minute orientation and assessment with your trainer to discuss your goals.

Age	Session	Cost
Adult/Youth	PTPP1	\$44 for 1 Session
	PTPP3	\$120 for 3 Sessions
	PTPP5	\$175 for 5 Sessions
	PTPP10	\$330 for 10 Sessions

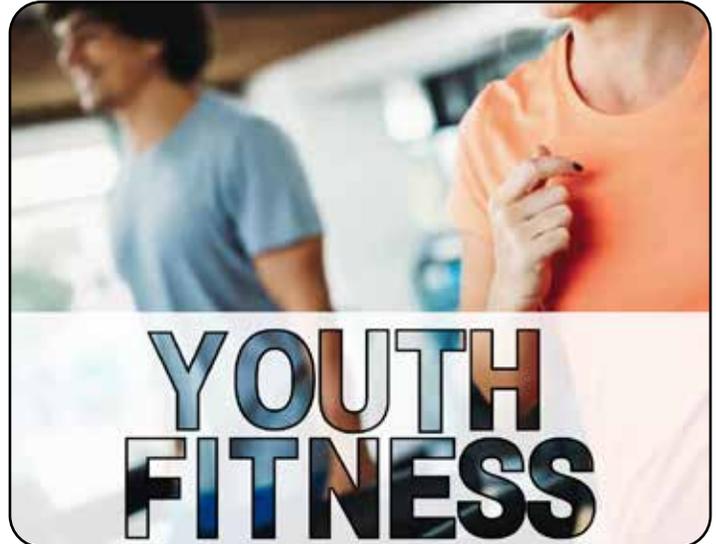
* A minimum of three sessions is required for initial package purchase. Cancellation Policy: 24 hours' notice is required for all appointment cancellations. Fee-based sessions that are cancelled within 24 hours of the scheduled appointment time will be deducted from the client's account.

Semi-Private Personal Training

Work out with a friend while still reaping the benefits of a Personal Trainer. Semi-Private training provides the same benefits as our personal training program with the added benefits of working out with a friend at a lower session rate. Sessions are one hour each. Each registration includes a group 30-minute orientation and assessment with your trainer to discuss your goals.

Age	Session	Costo
Adult/Youth	SPTPP3	\$80 for 3 Sessions
	SPTPP5	\$125 for 3 Sessions
	SPTPP3	\$240 for 3 Sessions
Group of 3	GROUPT3	\$55 for 3 Sessions
	GROUPT5	\$85 for 3 Sessions
	GROUPT10	\$150 for 3 Sessions

* A minimum of three hours is required for initial package purchase. Please note that Semi-Private and Group Personal Training packages are priced per person. Cancellation Policy: 24 hours' notice is required for all appointment cancellations. Fee-based sessions that are cancelled within 24 hours of the scheduled appointment time will be deducted from the client's account.



Youth Flex Force Series with Alice

This series meets twice weekly for 4 weeks and is designed for youth ages 11-14. Participants will learn the basics of strength and agility under the guidance of a certified personal trainer. Workouts become progressively more challenging once basic movements have been mastered.

Group Fitness Studio

Min/Max: 3/6

Age	Day	Date	Time	COST
11-14	Tue/Thu	Jan 6 - 29	6 - 7 p.m.	\$80
		Feb 3 - 26		
		Mar 3-26		

*Make up sessions will be offered for classes that fall on holidays.

* Must be age 11 at start of session.

* Must graduate Strong Start before progressing to Flex Force. See trainer for details.

Healthy Hearts Youth Yoga with Stephanie

Healthy Hearts Youth Yoga is a fun, energizing class designed to help kids build strong bodies and calm minds while learning about heart health. Through playful yoga poses, mindful breathing, and interactive games, participants will explore how movement, relaxation, and positive habits keep their hearts happy and healthy. Perfect for all levels, this class encourages confidence, balance, and lifelong wellness - one mindful heartbeat at a time!

Group Fitness Studio

Min/Max: 3/15

Age	Day	Date	Time	COST
6-10	Sat	Feb 7	11 a.m. - 12 p.m.	\$10

Fitness & Wellness



Youth Weight Room Orientation with Alice

This introductory class is offered once monthly and is led by a certified personal trainer. The emphasis is on positive body image and a safe strength training environment. Weight room cards will be given to those who successfully complete this course and may be used with adult supervision in the weight room. Class will cover weight room safety, etiquette and weight room rules, safe lifting techniques, and proper use of machines and cardio equipment.

Min/Max: 2/10

Age	Day	Date	Time	COST
11-18	Sat	Jan 10	10 - 11 a.m.	\$30
		Feb 14		
		Mar 14		

**Must be age 11 at start of session.*

**Youth between the ages of 11- 14 must be accompanied by a guardian 18 years or older, and a weight room card is required to use the weight room.*

Chair Massage with Teri Mondragon, LMT

Treat yourself to a 10-minute chair massage on Wednesday mornings between 9 and 11 am! Reserve your spot using the sign in sheet at the front desk and meet your massage therapist in the lobby. **Cost: \$10**

Now Hiring

Calling all fitness enthusiasts! Brighton Recreation Center is hiring licensed personal trainers and group fitness instructors. Please apply online at BrightonCO.gov.

Contact Us

Questions? Comments? Ideas? We would love to hear from you!

Cate Majors, Fitness Supervisor
 Email: CMajors@BrightonCO.gov
 Phone: (303) 655-2235



Youth Sports

Youth Basketball

Basketball season is here! Youth Basketball is offered to boys and girls ages 6 to 12. Practice held once a week for 7 years and under and twice a week for 8 years and up. Practices are Monday-Fridays and games are on Saturdays.

Season: January 17-February 21, game times range between 8 a.m. and 3 p.m.

Registration deadline: November 17

Late Fee Registration: December 15

Age	Cost
6-7 Girls	\$75*
6 Boys	
7 Boys	
8-9 Girls	\$85*
8 Boys	
9 Boys	
10 Girls	
11-12 Girls	
10 Boys	
11-12 Boys	

Location: Brighton Recreation Center Gym and local school gyms.

Coaches Meeting: Thursday, January 8 at 6 p.m.

* A \$5 late fee will be assessed for late registrations



Peewee Soccer

An introduction to the game of soccer for your little one. Peewee is three-on-three soccer with no goalie. Practice on Saturdays, 30 minutes before the game. Coaches will be required to officiate peewee games. **Parents are needed to coach!**

Registration deadline: January 26

Late Fee Registration: February 16

Age	Day	Date	Time	COST
4-5	Sat	March 21 - April 25	9 a.m. - 2 p.m.	\$50*

Location: Brighton Park

Coaches Meeting: Monday, March 2 at 6 p.m. at the Brighton Recreation Center

* A \$5 late fee will be assessed for late registrations



Youth Soccer

Join our youth soccer league for fun and skill development for ages 6-12 years old. Games are played at Benedict Park and Brighton Park on Saturdays, beginning in March. **Parents are needed to coach!**

Registration deadline: January 26

Late Fee Registration: February 16

Age	Day	Date	Time	COST
U6 Girls	Practices: Mon-Fri Games: Saturdays	March 21 - April 25	8 a.m. - 3 p.m.	\$65*
U6 Boys				
U7 Girls				
U7 Boys				\$75*
U9 Girls				
U9 Boys				
U12 Girls				
U12 Boys				

Location: Brighton Park

Coaches Meeting: Monday, March 2 at 6 p.m. at the Brighton Recreation Center

* A \$5 late fee will be assessed for late registrations

Youth Sports



Youth Sports - Contact Numbers

Recreation Supervisor - Sports	Amanda Aburto	(303) 655-2208	alaburto@brightonco.gov
Sports Coordinators	Tyler Duckworth Tyren King	(303) 655-2281 (303) 655-2203	tduckworth@brightonco.gov tking@brightonco.gov
Brighton Youth Baseball & Softball Association Recreation & Competitive (5-18 years)	Cory Moul		https://bybsa.net/home execdirector@brightonyouthbaseball.com
Track (indoor/outdoor)	Liz Lee	(720) 388-4667	emarielee02@gmail.com
Cross Country (indoor/outdoor)	Todd Tolentino	(720) 315-4152	ToddTolentino@gmail.com
Brighton Youth Association Football League	Paul Federico		www.brightonyouthfootball.com
FC Brighton Soccer	General Inquiries	(720) 523-3004	www.fcbrighton.com
Bull Frogs Swimming Team	Heidi Shaw	(303) 323-5765	brightonbullfrogs@gmail.com Facebook.com/BrightonBullfrogsSwimTeam/

Sports Hotline - 303-655-2210

Call the Brighton Recreation Center's Sports Hotline for current information about possible program cancellations, including cancellation due to inclement weather conditions

Teamsideline.com/BrightonCo

Youth Sports schedules are available at www.teamsideline.com/BrightonCo. This website allows you to sign up for league communications. Through these communications you will receive a text and email regarding any weather cancellations and/or scheduling changes. You will only receive communication for the sports that your child is signed up for.

Important Notice:

The City of Brighton reserves the right to close any sports registration prior to the deadline to properly accommodate teams and ensure there is enough field and gym space for proper usage.

Adult Sports

Adult Coed Volleyball

This self-officiated recreational league is nine weeks long and full of fun. Play will be 6v6 and rosters can have up to 12 players.

Registration Deadline: December 29, 2025

Cost: \$250/team

Late Fee Registration: January 12, 2026

Cost: \$275/team

Age	Day	Date	Time
18+	Mon	Jan 26 - March 30 <i>(No games President's Day, Feb. 16)</i>	6-9 p.m.

Location: Brighton Recreation Center Gym

Spring Adult Softball

Play softball this spring! League play for both coed and adult recreational teams. Season is eight weeks long and championship shirts are awarded to the first-place team. Teams may have up to 16 players.

Registration Deadline: January 26, 2026

Cost: \$550

Late Fee Registration: February 9, 2026

Cost: \$600

Manager's Meeting:

Brighton Recreation Center on February 25, 2025 at 6 p.m.

Adult League	
Tuesday Night	Novice
	Intermediate
	Advanced
Wednesday Night	Upper
	Lower
DOUBLE HEADER NIGHT	
Coed League	
Thursday Night	Novice
	Intermediate
	Advanced

Tuesday & Thursday season dates: March 3 - April 30

Wednesday season dates: March 4 - April 29

New Year, New Dink Pickleball Tournament

This tournament will be hosted in a Round-Robin Mixer format, with rotating partners. Everyone is guaranteed at least four games played to 11 points. If you want to learn more please reach out to the front desk or email Sports@brightonco.gov

Cost: \$10

Age	Day	Date	Time
18+	Wed	Jan 21	Beginner: 8am - 10:30am Intermediate: 11:00am - 1:00pm Advanced: 1:30pm - 3:30pm

For information on Youth Sports see pages 26 - 27

Wallyball

An exciting game played similar to volleyball, but on a racquetball court. There are usually 2 or 4 players per side. Make court reservations by phone or in person at the front desk of the recreation center.

Racquetball Court Hours

Day	Times
Monday - Thursday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 5:30 p.m.
Sunday	12 - 4 p.m.

Racquetball Policies

- Reservations can be made by phone or in person
- You may reserve a court 48 hours in advance
- One reservation per person, per day
- No black handballs, racquetballs or non approved black soled shoes allowed on courts
- Wooden racquets are not allowed
- Protective eyewear is recommended for adults and is required for anyone 17 years of age and younger
- The City of Brighton reserves the right to schedule court time for lessons
- Racquetball racquets and eyewear are available for check-out with your Recreation Center Id card, Colorado Drivers License or Colorado ID
- Participants under 15 years of age must be accompanied by a parent or adult

Drop-in Pickleball

A game that combines elements of tennis, ping-pong and badminton. It's played on a badminton court with a wiffleball and paddles. Come and check out what it is all about. Stop by the recreation center front desk for more information.

Day	Times
Monday - Friday	Opening - 11 a.m. All levels

** Note: Times and days of the week are subject to change due to gymnasium availability and school breaks.*

Luck of the Draw Pickleball Tournament

The 5th annual Luck of the Draw Pickleball Tournament is here! This tournament will be hosted in a Round-Robin Mixer format, with rotating partners. Everyone is guaranteed at least four games played to 11 points. If you want to learn more, please reach out to the front desk or email Sports@Brightonco.gov.

Cost: \$10

Age	Day	Date	Time
18+	Wed	Mar 18	Beginner: 8am - 10:30am Intermediate: 11:00am - 1:00pm Advanced: 1:30pm - 3:30pm

Registration Information

Three Ways to Register

1 - Online

To register online, go to brightonrecreation.com and select "Registration." In order to register online, we will need to have your email address already in our database.

Online registration will be open to Brighton residents starting at 8:30 a.m. on December 11, 2025. Non-residents will be able to register on-line starting at 8:30 a.m. on December 12, 2025.

Registration online will be available for Recreation Center programming. Personal training, private & semi-private swimming lessons, reduced rate and corporate passes are not available online.

2 - In-Person

Walk-In registration for Brighton residents takes place December 11, 2025 beginning at 6:30 a.m. at the Brighton Recreation Center, 555 North 11th Ave. Please bring proof of residency within legal city limits.

Open walk-in registration begins at 6:30 a.m. on December 12, 2025.

3 - By Phone

Phone-In registration will be accepted on December 11, 2025 for residents and December 12, 2025 for non-residents. Call 303-655-2200. We accept American Express, Discover, MasterCard, or Visa. Please have the following information: participant's name, birth date, sex, address and phone number.



Payment by Check

The City of Brighton will charge a \$30 service fee for all checks not honored for any reason by the bank. Checks should be made payable to: **City of Brighton**

Refund Policy for City of Brighton Recreation Center

Refunds will be made according to the following guidelines:

- No cash refunds.
- If class is cancelled by Recreation Center: 100% refund
- Refund requests must be received five business days prior to start of the program.
- Refunds of \$30 or less will be issued as household credit only. If participant cancels: refund will be assessed a \$7 service fee per activity unless refund is issued as a household credit.
- Refund request after the program has started: NO REFUNDS, except due to illness.
- Credit may be given if the participant is unable to participate due to illness. A doctor's statement must be presented in order to receive credit due to illness.

Waiting List Procedure

Waiting lists are a source of contact and do not guarantee you will receive a call back. You will receive a call back only if a space becomes available. If you ask to add your name to a waiting list for a closed class it:

- a. Provides us with a name and phone number in the event of a cancellation.
- b. Supplies us with names and phone numbers in case a new class is added.
- c. Does not limit you from registering for any other open class.

Class Cancellation Policy

When a class is cancelled, participants are given the option of transferring to another class, receiving a household credit or a refund check or credit to a credit card. Participants will be notified at least 24 hours in advance when classes are cancelled due to insufficient registrations. Refunds will be handled in accordance with refund policy.

Notice to Participants

Participants must realize that all classes / activities of a physical nature involve some risk and by registering for a Brighton Recreation Center class/activity of this nature, there is an assumption of risk by the participant. The City of Brighton Parks and Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff. Every effort is made to ensure the safety of the participants and to provide them with first class recreational facilities, activities and parks.

In the event of a serious illness or accident it is the policy of the City of Brighton to:

- Contact 911 for emergency personnel for first aid.
- Reach the parent or guardian as soon as the situation allows.