

# Eagle View Adult Center

## December 2020

### A Message from the Senior Advisory Board

In the many years we have lived we have often faced challenges which seemed never ending. Stacks of dirty diapers to be washed (not thrown away), bottles to sterilize, nights cut short by a fussy baby and the list goes on. In time those challenges went away as we had faith they would.

When the COVID virus began we didn't know the challenges it would present... no one did. We were shocked by the severity of this illness but our medical community and the world's scientists tackled the problem and are making headway. Vaccines are being developed that will be lifesaving. We are getting tired of masks and isolation and not knowing what to expect but there is hope on the horizon, a light ahead of us. Things will get better. We just have to do our part and hang in there a little longer.

*-Jane Talbot, President, Senior Advisory Board-*

### **Weekly E-Blast**

The center has seen a significant change in the way we program for Brighton's active adults since closing due to COVID. As we continue to adapt, we continue to grow our virtual programs. Below you will find our current classes and some upcoming happenings. For more information on what we are offering please sign up for our weekly "E-Blast" email by calling Eagle View at 303-655-2075 or by emailing [evacinfo@brightonco.gov](mailto:evacinfo@brightonco.gov).

### **Ongoing Free Zoom Classes**

- Move and Be Fit with Rosalie Farrer (Tuesdays at 9:00 a.m.)
  - Yoga All Levels with Carolyn Priola (Tuesdays at 10:30 a.m.)
  - Zumba with Rosalie Farrer (Thursdays at 9:00 a.m.)
  - Move It or Lose It with Dottie LaFleur (Thursdays at 10:00 a.m.)
  - Line Dance with Rosalie Farrer (Fridays at 9:00 a.m.)
- \*\*Keep reading the weekly E-Blast as more programs are added.

### **Upcoming Happenings**

- Special Holiday Events
    - Christmas in the Lincoln White House
    - Video Concert by the Todd Creek Crooners
  - Bingo by Zoom & Phone (twice a month)
  - Feathered Friends w/Raptor Education Foundation
  - Nature's Educators and Bird Conservancy Classes
  - Active Minds Programs (Monthly)
  - Colorado History Programs
  - CSU Extension Programs
  - History Courses
  - Denver Mob Tour via Zoom
  - Craft and Cooking Classes
  - Alzheimer's Association Classes
- \*\*If you have a program suggestion email Donna at [dsinger@brightonco.gov](mailto:dsinger@brightonco.gov) or call 303-655-2075. Donna and Calvin will work on making it happen!



Follow and like us on Facebook to stay up-to-date on what's happening at Eagle View Adult Center. To find our page, please search Eagle View Adult Center on the Facebook app or on any internet browser.

1150 Prairie Center Parkway, Brighton, CO 80601

303-655-2075

[www.brightonco.gov](http://www.brightonco.gov)

# Center & City Information

## Eagle View Staff

Eagle View is still closed to the public, but that doesn't mean we aren't answering phone calls and helping where we can. If you have a question please don't hesitate to call 303-655-2075.

## Household Credit to Check Refund

When we closed in March and cancelled our remaining programs, you had the option of receiving a refund by either check or household credit. As we continue to stay "Safer at Home" we want you to know that if you ever want your household credit refunded as a check, it is absolutely possible. To do this, please call Eagle View at 303-655-2075.

## Outreach & Referral

Do you need help and unsure where to turn? Evon Benitez will assist you with completing forms and finding needed services over the phone! To make an appointment call Evon at 303-655-2079. Be sure to leave a detailed message as she is often on the phone helping others.

## VOA Food Delivery

Since the center closed, we are not able to offer our Volunteers of America lunch program. Instead, volunteers are delivering boxes of frozen meals to seniors in Brighton. The boxes contain five frozen meals. If you would like to find out how you can receive meals, call the center at 303-655-2075.

## Meals on Wheels

Brighton Meals on Wheels is a local non-profit organization delivering hot, well balanced, noon-time meals to anyone, regardless of age in Brighton. Meals are delivered Mon - Fri and you can choose your days. The cost is \$4.25 per meal, payable at the end of the month. If you simply cannot afford the full amount, adjustments may be made to the cost. To find out more about the program and to see if you live in the area served by Meals on Wheels, call 303-659-0978.

## Via Mobility

These buses provide specialized transportation within the City of Brighton, Mon - Fri. Via can take you to medical appointments and grocery shopping. New Via users - call 303-447-2848 ex 1014 to get started. To schedule rides, call 303-447-9636. Free through 2020.

## LEAP

LEAP is designed to assist low-income households with paying their winter home heating costs. Contact Evon Benitez at 303-655-2079 with questions.

## Almost Home

This Brighton agency provides rental and mortgage assistance to those facing housing instability. They also offer utilities assistance, as well as assistance with paying water bills with the City of Brighton. To find out more, call 303-659-6911. [Almosthomeonline.org](http://Almosthomeonline.org)


## Brighton Weekly

The City of Brighton communications department publishes a weekly email newsletter that highlights information about City updates, programs, and helpful information. You can sign up online:

<https://brightonco.gov/279/City-Media>.

## Emergency Notifications

The public safety agencies for the City of Brighton are using CodeRED, a high-speed notification system, to keep you safe in the event of an emergency – especially important with weather notifications. The system allows them to deliver emergency messages to you via phone call to your home phone or mobile device and through text and email, based on your preferences. Signing up for CodeRED alerts is free to Adams County residents. You can do this online: <https://public.coderedweb.com/CNE/en-US/EA22F5DE3F32>. If you do not have access to the internet, call the center for help.



The graphic features a red and white striped lighthouse on a snowy landscape under a starry night sky. A wooden signpost with a yellow ball on top points to the lighthouse and has the words "NORTH POLE" written on it. To the right of the lighthouse, the text "North Pole Post Office" is written in a large, dark, serif font.

Are you missing a friend you made at Eagle View? Santa's helpers are here to help! Since we won't be able to gather at Eagle View for the holidays and we can't give out phone numbers or addresses, we would like to help connect you with your Eagle View friends. Just fill out a greeting card and mail it to 1150 Prairie Center Parkway, Brighton, CO 80601. Include the first and last name of the person you're sending it to. We will then forward it to their current address. Questions? Call 303-655-2075. Ho, Ho, Ho!!!