

CITY OF BRIGHTON YOUTH BASKETBALL RULES

CURRENT HIGH SCHOOL RULES WILL BE USED IN CONJUNCTION WITH THE FOLLOWING:

A. GAME REGULATIONS

6-7 & 8-9 Year Old Age Divisions:

- 6-7 and 8-9 year olds will play four **6 minute** running quarters, the clock does not stop for fouls, out of bounds, etc.
- 6-7 year old boys and girls will use 8 foot baskets.
- The 8 year old boys and 8- 9 year old girls will use 9 foot baskets.
- 9 year old boys will use a 10 foot basket
 - a. 6-7 year old boys and girls and 8-9 year old girls will utilize a “junior” or size 27.5
 - b. 8-9 year old boys will utilize an “intermediate”, woman’s regulation or size 28.5
 - c. Half –Time is 5 minutes.
- 6-7 year old boys and girls play only “man to man” or individual defense will be allowed (no zone type defenses will be allowed at the younger age groups).
 - a. Colored wristbands will indicate the opponent they will be in charge of guarding
- At the 8-9 year old age group only “man to man” (no zone type defenses will be allowed, zone defense may be played) If a team reaches two or more warning regarding this, colored wrist bands will be used for the remainder of the game
- **Full court press is not allowed.**
- The defensive teams may not come out past the top of the key until after the offense penetrates the defensive zone (excluding 9 year old boys).
- In the last 2 minutes of the game, if a team uses a stalling type of offense, the team may only hold the ball outside the key for 10 seconds once the team starts to stall. At the end of the 10 seconds the referees will stop play and turn the ball over to the other team.

10 Year Old Age Division:

- 10 – 12 year olds will play four **8 minute** running quarters, the clock does not stop for fouls, out of bounds, etc.
- 10-12 year olds can utilize “man to man” defense or any zone type defense
- 10-12 year old Girls will use an “intermediate”, woman’s regulation or size 28.5”

- 10-12 year old Boys will use a “men’s regulation” or size 29.5”
- 10 - 12 year olds will use 10 foot baskets.
- Half –Time is 5 minutes.
- Full court press is not allowed.
- For 10 Year old divisions, regulation stop clock will be used in last two minutes of game if the difference in the score of the game is less than 10 points.
- In the last 2 minutes of the game, if a team uses a stalling type of offense, the team may only hold the ball outside the key for 10 seconds once the team starts to stall. At the end of the 10 seconds the referees will stop play and turn the ball over to the other team.

11-12 Year Old Age Division:

- 11 – 12 year olds will play four **8 minute** running quarters,
- 11 - 12 year olds will use 10 foot baskets.
- Half –Time is 5 minutes.
- **Full court press will be allowed for the final two minutes of a regulation game for the losing team only.**
- For 11-12 Year old divisions, regulation stop clock will be used in last two minutes of game if the difference in the score of the game is less than 10 points.

Notable Rules

All Age Divisions

- Parents are **not allowed** to approach the score table
- A bench technical foul counts towards the teams foul count in regards to the bonus. Examples of a bench technical foul are unsporting act/conduct by a non-player. The head coach will then lose the opportunity to stand in the coaching box during a live-ball if a bench technical is assessed. **Coaches are responsible for the actions and behavior of your parents.**
 - If a technical is issued two (2) points will be automatically awarded to the opposite team and the ball will be awarded at half court to the non-offending team.
- During live ball play, only one coach is permitted to be standing. Other coaches and players will need to be seated on the bench.
- **Absolutely no jewelry.** Jewelry, including but not limited to booby pins, necklaces, bracelets, and earrings are not permitted. Due to safety- Taped jewelry is not permitted.

10 & Up Age Division

- NFHS Rule 9-1-3h Players occupying marked free throw lane line spaces may not enter the free throw area until the ball touches the rim/backboard only or only until the free throw ends.
- *Good Sportsmanship Rule-* If a team has a lead of twenty (20) points or more the scoreboard will be set to “0” and will not be turned back on for the remainder of the game. The officials will still keep official score in scorebook. Game Clock will be a running clock.

SUBSTITUTIONS

1. During 6-7 and 8–9 year old games, the clock will stop every 3 minutes for substitutions, (halfway through each quarter and at the end of each quarter).
2. During 10 – 12 year olds games, the clock will stop at 4 minutes for substitutions, (halfway through each quarter and at the end of each quarter).
3. No other player may enter a game at any other time except to replace an injured player, a player who has fouled out, or if a team has more than 10 players.
4. The following is the chart that all coaches must follow when making subs:

# Of Players	1 st Quarter	1 st Quarter	2 nd Quarter	2 nd Quarter	3 rd Quarter	3 rd Quarter	4 th Quarter	4 th Quarter
	1 st Half	2 nd Half						
10	1-2-3-4-5	6-7-8-9-10	1-2-3-4-5	6-7-8-9-10	1-2-3-4-5	6-7-8-9-10	1-2-3-4-5	6-7-8-9-10
9	1-2-3-4-5	6-7-8-9-1	2-3-4-5-6	7-8-9-1-2	3-4-5-6-7	8-9-1-2-3	4-5-6-7-8	9-1-2-3-4
8	1-2-3-4-5	6-7-8-1-2	3-4-5-6-7	8-1-2-3-4	5-6-7-8-1	2-3-4-5-6	7-8-1-2-3	4-5-6-7-8
7	1-2-3-4-5	6-7-1-2-3	4-5-6-7-1	2-3-4-5-6	7-1-2-3-4	5-6-7-1-2	3-4-5-6-7	1-2-3-4-5
6	1-2-3-4-5	6-1-2-3-4	5-6-1-2-3	4-5-6-1-2	3-4-5-6-1	2-3-4-5-6	1-2-3-4-5	6-1-2-3-4

B. TIME OUTS & FOULS

1. Two one - minute time outs are allowed each half and they are not cumulative, (time outs will not carry over).
2. Each player is allowed five personal fouls, after which they will be disqualified from the game.
3. After 7 fouls, the team which is fouled will shoot 1+1 free throws, (they will be in “the bonus”). After 10 team fouls, the team will shoot 2 free throws, (“double bonus”).

C. FREE THROWS DISTANCES

1. All 6 – 9 year olds will NOT shoot free throws
2. All 10 – 12 year olds must shoot from the regulation free throw line.

D. JUMP BALLS

1. Tip – offs will be used to start the game, but alternating possession will be used after the game begins.