

Brighton Recreation Volleyball League Rules and Information

The current USVBA Rules will govern play. The rules listed below are ones we wish to emphasize or are implemented by the Recreation Department.

ELIGIBILITY: The league is open to women 18 years and older. Anyone who is a member of a high school or college volleyball team during the present school year is ineligible. Participants may not play on more than one team.

TEAM ROSTER: All team members must be listed on a team roster provided by the Recreation Department. **Rosters are limited to 12 players and all roster changes or additions must be made before the Brighton Recreation Center closes on Monday, October 21.** Changes must be given to the League Supervisor before players are eligible. Players are responsible for having a picture I.D. at the game site. Failure to do so will result in a player being ineligible. Players must participate in three matches to be eligible for post-season tournament.

THE MATCH: Each match will consist of three games. The first two games will be played to **21 points** and must be won by a margin of two points. The third game will be played to **15 points** and must be won by a margin of two points. Each game will be recorded in the league standings. Teams will be allowed a 5-minute warm-up period prior to match time. One-minute intervals will be allowed between games of a match.

FACILITIES AND EQUIPMENT: Games will be played where the sports department can find a facility on Monday evenings. Game ball will be provided for all matches. **Net height for Women's is seven feet and four inches (7'4").**

OFFICIALS: One official will be provided by the Recreation Department.

FORFEIT: Each team must have 4 players to begin the match. **MATCH TIME IS FORFEIT TIME.** If a team is not ready to play at match time the first game will be forfeited and the team has (15) minutes before the remainder of the match is forfeited.

SPOKESMAN OF THE TEAM: Only the playing team captain may address the official and shall be the spokesman for his/her team. He/she is also responsible for the conduct of the players.

PROTESTS: In case of a dispute, the official will talk to team captains only. At the point in the game where a question arises and protest is the result, captains and the official must be notified. Protests must be submitted in writing and turned in to the Volleyball Supervisor or the Recreation office within 24 hours following the match.

A \$20.00 protest fee must accompany the protest request, which will be refunded if the protest is granted. The Volleyball Supervisor, Volleyball Official and another full-time Recreation Department person will decide protests. Only an interpretation of a rule or the eligibility of a player may be protested. If there is a protest on the eligibility of a player, it must be done before the match ends. Protests will not be considered if they are based solely on a decision involving the accuracy of judgment on the part of the official.

ROTATIONS AND SUBSTITUTIONS:

A. Substitutions will be done on a rotation system, when that team regains the serve. Substitutions must follow in the same order throughout the game.

FIRST SERVICE: Captains will call the toss of a coin to determine either first serve or side of the court. The loser of the toss receives the remaining option. The team not serving first in the first game will serve first in the second game. Teams will change sides to begin the second game.

TIME OUTS: A team is allowed 2 time outs in each game, which are limited to 30 seconds each. The coach or captain has the right to request a time out for rest or to discuss a call with the official.

PLAYING THE BALL:

- A. The server hits the ball with the hand (open or closed) or any part of the arm to send it over the net into the opponents' area. The service must be made immediately after the whistle of the official. The ball may be served while resting in the hand but may not be thrown or pushed.
- B. The team not serving first at the beginning of a game does not have to rotate when they achieve a side out.
- C. Each team is allowed a maximum of three successive contacts with the ball on its side before directing the ball over the net towards the opponent's court.
- D. Balls that hit basketball rims are out of play and a play over will be directed.
- E. When the ball visibly comes to rest momentarily in the hands or arms of a player, it is considered to have been held. The ball must be hit in such a manner that it rebounds clearly from a player. Scooping, lifting, pushing or carrying the ball shall be considered a form of holding.
- F. A player may not attack the ball on the opposite side of the net. Follow through on a spike is allowed provided contact with an opponent is not present. A block is not considered an attack, thus, blocking over the net is allowed. A blocked ball is considered to have crossed the net. Blocking a served ball is prohibited.

- G. If a player's action causes him/her to contact the net during play, accidentally or not, with any part of the player's body or uniform, that player shall be charged with a fault. If a ball is driven into the net with such force that the net contacts a player, such contact will not be considered a fault.
- H. Co-ed teams must have as many women or more, than men on the court at all times. Men cannot be next to each other in rotation. If there is more than two hits, one must be a woman before the ball is returned to the opponent's side.

CONDUCT:

- A. There is no smoking or drinking allowed.
- B. Any player under the influence of alcohol or drugs will automatically be prohibited from playing.
- C. The league Supervisor or Referee has the authority to stop a game they feel is out of hand and to suspend a team or any player(s) for not keeping within the spirit of sportsmanship.
- D. Any player who hits, shoves, pushes or in any way lays a hand on a referee, Recreation personnel or spectator will automatically be ejected from the facility, suspended for the remainder of the season and possibly the entire program.
- E. Teams are responsible for the conduct of their spectators.

ELASTICITY CLAUSE: Any enforcement procedures that are not stated herein may be provided by the League Supervisor as is necessary to provide for the recreational enjoyment of players, coaches and spectators.

PLEASE MAKE SURE ALL PLAYERS ARE AWARE OF THESE RULES.