



# Eagle View Adult Center

## November & December 2015



### Upcoming Events:

Craft Fair &  
Bake Sale  
Sat. Nov 7

Turkey Bingo  
Thurs. Nov 19

Sock Hop Holiday  
Dinner  
Wed. Dec 2

Class & Event Registration begins Fri. Oct 30  
Trip Registration begins Mon. Nov 2  
See pages 2 & 15 for details!  
Birthdate information is needed for all participants

1150 Prairie Center Parkway, Brighton, CO 80601  
303-655-2075  
[www.brightonco.gov](http://www.brightonco.gov)

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**Hours:** Monday - Friday 8:00 a.m. - 4:00 p.m.

**Phone:** 303-655-2075

**Location:** 1150 Prairie Center Parkway  
Brighton, CO 80601

### Eagle View Center Staff

- Sue Corbett - Director
- Donna Singer - Program Coordinator
- Ermie Marquez - Information & Referral
- Gayle Martinez - Administrative Assistant
- Becky Eiche - Front Desk Receptionist
- Christina Harris - Trip Coordinator
- Eleanor Maestas - VOA Meal Site Coordinator
- Lucy Castro - Custodial Staff
- Sue Wingen - VNA Nurse

### On The Cover

The Craft Fair and Bake Sale are Sat. Nov 7 from 8 a.m. - 3 p.m. Don't miss it!

### VOA Lunch

A hot, nutritious lunch is provided by Volunteers of America, **Monday - Thursday**. Lunch is served at 11:30 a.m. Reserve your meal **2 working days in advance** by calling 303-655-2271 (Mon - Thurs, 10 a.m. - 1 p.m.)  
Daily meal donations are appreciated.  
\$2.50 Donation per meal if age 60+  
\$7.25 Mandatory charge if under 60

## REGISTRATION PROCEDURE

### CLASSES & HAPPENINGS REGISTRATION begins on Friday, Oct 30 at 8:00 a.m.

- Registration is on a first-come, first-serve basis. You can register for yourself and one other person. Cash or checks only, no credit cards accepted. No trip registration.

### TRIP REGISTRATION starts Monday, Nov 2 and is held as a LOTTERY.

- Doors open at 8:00 a.m. to fill out your registration form. Breakfast refreshments provided by AccentCare
- To be in the first round of trip registration, be in the dining room between **8:00 - 8:25 a.m.** to pick a number. Numbers are randomly drawn, so there is no advantage to drawing first.
- **Registration begins at 8:30 a.m.** for people with lottery numbers. During this time, you can **register for yourself and only one other person**. You may also register for classes and happenings at this time. No credit cards.
- When lottery registration is over (approximately 10:30 a.m.), we will re-open registration on a first-come, first-serve basis.
- **After Nov 2**, register for all activities and trips at the front desk during business hours.
- Registration is taken until the deadline date listed for each activity OR until all spaces have been filled. Don't wait - activities fill fast!

### Senior Wellness Clinic

The Wellness Clinic focuses on health promotion and disease prevention for seniors 55+. Operated by Visiting Nurses Association (VNA), services include foot care, health checks and blood pressure checks. Medical foot care fee is \$25, paid at your appointment. Benefit is Kaiser covered with pre-approval. Appointments required - 303-655-2075.

Clinic hours: 9:00 a.m. - 3:00 p.m.

Thursdays Nov 5 - 19 & Dec 3 - 17

Fridays Nov 20 & Dec 18

**Added:** Monday Nov 30 & Tuesday Dec 29

**Eagle View Adult Center will be CLOSED**  
**Nov 11, 26, 27 Dec 24, 25 & Jan 1**

# Continuous Drop-in Activities

3

## Cards, Cards, Cards!

Meet friends for an afternoon of fun. New players are welcome. Questions? Call the volunteer.

## Hand and Foot

1:15 - 3:30 p.m.  
Mondays  
Room: Hawk/Heron  
Linda 303-910-4221

## UNO

10:00 - 11:30 a.m.  
Tuesdays  
Room: Brown

## Pinochle Pals

12:30 - 3:30 p.m.  
Tuesdays  
No cards Dec 22  
Room: Hawk/Heron  
Sandy 303-288-1489  
Chama 720-244-6216

## Cribbage

12:30 - 3:30 p.m.  
Wednesdays  
No cards Nov 11  
Room: Falcon  
Chuck 720-685-3369

## Bridge

12:30 - 3:30 p.m.  
Fridays  
Room: Hawk/Heron  
No cards Nov 6, 27, Dec 25  
Judy 303-378-5226

## Pitch

12:30 - 3:30 p.m.  
Fridays  
Room: Falcon  
No cards Nov 6, 27, Dec 25  
Shirley 720-685-3369

**Ella Hastman teaches the Greeting Card classes. She has some great ideas and loves to share her craft.**



## Bingo

No fee - just fun! Prizes vary from bakery goods to “white elephant” gifts. We play immediately following VOA lunch. Please drop off bingo donations at the front desk. No bingo Nov 26, Dec 17 (holiday lunch) and Dec 24.  
12:00 - 12:45 p.m.  
Mondays & Thursdays

## Computers Available

Computers with free internet are available when the Falcon Room is not occupied. See front desk to use the free Wi-Fi.

## Knit & Crochet Drop-in

Drop-in to knit or crochet. No instructors, but friendly help available. Closed 11/26, 12/24.  
9:00 – 10:30 a.m.  
Thursdays  
25¢ per week  
Copies cost 10¢ per page

## Police Time

Officer Sharon Wazny is here to answer questions about safety or police issues.  
11:30 a.m. - 12:30 p.m.  
Tuesdays

## Ladies Billiards

Ladies, drop-in for some “women only” billiards. No men please.  
1:00 – 4:00 p.m.  
Mondays  
25¢ per day

## Wii Bowling

With the TV and Wii, you can “bowl” from a chair or standing. If you can swing your arm, you can Wii bowl. Closed Nov. 11.  
10:00 – 11:30 a.m.  
Wednesdays

## Mexican Train Dominos

This is an easy game to learn - it’s regular dominos with a fun twist. Center closed Nov. 11.  
12:30 - 3:30 p.m.  
Wednesdays

## Scrabble

Play Scrabble with others who enjoy the game. Closed Nov. 11.  
1:00 - 3:30 p.m.  
Wednesdays

## Massages

By Appointment -  
9:15 - 11:30 a.m.  
Nov 4 - Dec 23  
\$26 - 1/2 hour, \$41 - 1 hour

## Lending Library

Borrow books from the library for free.

Do NOT re-shelve books; our great volunteer librarians do that!  
**No hard back books accepted unless they are Large Print!**

**Registration**  
**for Nov/Dec Happenings**  
**begins on Fri. Oct 30**

**Tues & Wed Gift Cards**

Win a \$10 gift card thanks to the Senior Advisory Board. When you eat VOA lunch on Tues. or Wed. your name gets in the monthly drawing.

**Medicare Counseling**

Need help with Medicare? You can receive one-on-one assistance with our SHIP counselor who is trained on Medicare insurance programs. Call 303-655-2075 for appointments.

Appts. 12:00 - 3:30 p.m.  
 Tuesdays  
 Nov 3 & 17

**Turkey Trot Training**

Join the "Walk On" group as they train for the 5K Turkey Trot. Meet in the Brighton Recreation Center (555 N. 11th Ave) front lobby. Each week walk the Turkey Trot route. Dress in layers and bring water. Leader: Olly Ramirez. See Page 7 for Turkey Trot details.

8:30 - 10:00 a.m.  
 Wednesdays  
 Nov 4, 11, 18  
 Free - No sign up

**Trip Council**

Oh so many places to go and things to see! Feedback, ideas, and your participation is what makes the EVAC Trip Program

the vibrant, exciting program it is. Enjoy some goodies as you join in the discussion and provide suggestions for trips. Please RSVP at 303-655-2075.

9:00 a.m.  
 Tues. Nov 3  
 Deadline: Mon. Nov 2

**Blood Pressure Screening**

The Brighton Fire Dept. will be here to perform free blood pressure checks.

10:30 - 11:30 a.m.  
 Thurs. Nov 5  
 Mon. Nov 23

**Dementia Caregiver Support Group**

Are you caring for someone with Alzheimer's disease or dementia? This group gives caregivers the opportunity to share with each other their concerns and coping tips. Sponsored by Alzheimer's Assoc. - led by Sue Herzog.

6:00 - 7:30 p.m.  
 Thursday  
 Nov 5 & Dec 3  
 Free - Drop in

**Donate Baked Goods**

We need home-made baked goods for our craft fair! All proceeds benefit Eagle View! Whole cakes/pies and items packaged in smaller quantities are a hit. Please label your items and list special ingredients, such as "Oatmeal Cookies: Contains nuts".

Fri. Nov 6 8 a.m. - 4 p.m.  
 Sat. Nov 7 8 a.m. - Noon

**Craft Fair**

Eagle View has one of the best craft fairs in town! Shop for unique holiday gifts made by local artisans. Homemade breakfast burritos and chili are for sale throughout the day. Buy a sweet treat at the best bake sale in town! All food sales benefit Eagle View.

Sat. Nov 7  
 8:00 a.m. - 3:00 p.m.

**Celebrate America**

Celebrate America with the 3rd Graders from North Elementary. They will present their choir program in honor of Veterans Day to make your day special. Want to stay for lunch? Call Eleanor 303-655-2271 by NOON, Thur. Nov 5. 10:30 a.m.

Mon. Nov 9  
 Lunch Deadline: Thurs. Nov 5

**La pérdida de memoria, la demencia y la enfermedad de Alzheimer**

La enfermedad de Alzheimer y otras demencias relacionadas no son una parte normal del envejecimiento. Lo Básico: La Pérdida de Memoria, La Demencia y La Enfermedad de Alzheimer es un taller presentado por la Alzheimer's Association, para todos los que quieran saber más acerca del Alzheimer y otras demencias relacionadas. Responde para confirmar su presencia 303-655-2075.

9:00 - 11:00 a.m.  
 El 12 de Noviembre  
 Es gratis  
 Fecha límite: 9 de Noviembre

## Caregivers Support Group

The November meeting will focus on tips for enjoying the holidays and fall prevention. The Caregiver Support Group provides helpful support for caregivers. Mary Thatcher (303-426-4408) facilitates. This is a free drop-in program.

10:00 – 11:30 a.m.

Thursday

Nov 12

## Healthy Tips

Betty Stephenson shares the most recent research about nutrition and healthy eating. Stay for lunch afterward. Call Eleanor at 303-655-2271 by Tuesday for lunch reservations.

11:00 a.m.

Thurs. Nov 12

## Bunco

Bunco is an easy and fun game of dice. Enjoy an afternoon of laughter, dessert, and prizes.

1:00 p.m.

Thurs. Nov 12

\$4

Deadline: Tues. Nov 10

## Friday's Feast – Special Veteran's Salute

This is a special tribute to our veterans! Patriotic music provided by Rocky Hernandez during dinner and our ceremony. We'll serve Beef Pasta Soup, sandwich, and dessert provided by Inglenook. After lunch we will honor all veterans individually with a

pinning ceremony by AccentCare. If you are a veteran your meal is free. Fill out a postcard at the front desk by Monday, Nov 9, so we can honor you at this event. Note: This program starts earlier and ends later than our normal Friday Feast.

11:45 a.m.

Fri. Nov 13

\$4

Deadline: Tues. Nov 10

## Stories, Pictures & Heirlooms

What distinguishes heirlooms from junk? What makes a photograph a thing future generations will cherish? The answer to both lies in the stories. For this workshop, bring a picture or an heirloom that tells a meaningful story. Explore how to link tangible items with their stories for further generations. Speaker: Karen Bray P. C. Free!

1:00 - 2:00 p.m.

Wed. Nov 18

Deadline: Mon. Nov 16

## VOA Thanksgiving

It's a VOA tradition! Enjoy a special Thanksgiving meal of turkey and all the fixings! It always fills up fast so RESERVATIONS ARE A MUST! Call Eleanor at 303-655-2271. Cost is \$7.25 if you are under 60. Starts early!

11:15 a.m.

Thur. Nov 19

\$2.50 Donation (60+)

Deadline: Thurs. Nov 12

## Turkey Bingo

Play bingo to win a turkey, ham or other Thanksgiving dinner food items. Thanks to Mike D'Epagnier of Mutual Asset Corporation for his financial sponsorship for the past 16 years! You don't have to be at the VOA meal to play bingo. FREE!

12:15 p.m.

Thurs. Nov 19

## Headaches & Migraines

Headaches and migraines don't have to rule your life! Learn the symptoms, treatments, tips, and techniques for taking control. This free program is sponsored by Platte Valley Medical Center.

12:00 – 1:00 p.m.

Fri. Nov 20

Deadline: Wed. Nov 18

## Telecommunication Equipment for Visually Impaired

The Colorado Telecommunication Equipment Distribution Program will present at the Low Vision Support Group. Learn about equipment like vibrating signalers for incoming calls, large button phones, etc. If you qualify financially this equipment is free. For questions call Melanie Shotwell at 720-308-7705.

1:00 – 2:00 p.m.

Monday

Nov 23

## Cribbage Tournament

12:30 p.m.

Wed. Nov 25

\$4 - Drop in

### “Sock Hop” Holiday Dinner

Join us for a special evening as we put a new twist on our holiday dinner – a 50s - 60s sock hop theme! Wear your most festive holiday socks/stockings/leggings for our sock contest or bring in a Christmas stocking to be judged for prizes. Enjoy a 50’s meal of meat loaf, mac & cheese, green beans and of course - root beer floats. We will be entertained with wonderful songs from the era, as well as some holiday favorites. Dancing is optional, toe tapping a must! And in the spirit of our theme, we are collecting donations of new warm socks for the homeless.

4:30 p.m.

Wed. Dec 2

\$6 (+ sock donation)

Deadline: Mon. Nov 30

### Effective Communication Strategies

With the holidays approaching, you may be visiting older relatives with dementia. This program by the Alzheimer’s Association teaches caregivers to decode verbal and behavioral communication by someone with Alzheimer’s and other dementias. Participants leave with strategies for meaningful connection with people in early, middle, and late stage dementia. Please register by calling 303-655-2075.

1:00 – 3:00 p.m.

Mon. Dec 7

Free

Deadline: Thurs. Dec 3

### Legally Protecting Loved Ones

If someone you love has dementia or becomes mentally incapacitated, it may be necessary to make decisions on their behalf. Learn about adult guardianship, conservatorship, and the court process involved. By: Dolan & Associates, P. C.

1:30 p.m.

Wed. Dec 9

Free

Deadline: Mon Dec 7

### Friday Feast

Time for some holiday fun! We’re serving winter comfort food – hot dogs, chili, chips, and dessert from Brookdale. Then *The Krooners*, a singing group from Heritage Todd Creek, perform a holiday show.

Fri. Dec 11

12 noon

\$4

Deadline: Wed. Dec. 9

### Adventure in Nepal – Earthquake!

Annie Price planned to climb the Himalayas when the 7.8 earthquake hit Nepal. Annie ended up at a remote village volunteering with displaced women and children. With amazing images of mountains and the Nepali people, Annie’s show is a tale about devastating destruction and heartwarming acts of humanity.

1 p.m.

Wed. Dec 16

\$4

Deadline: Mon. Dec 14

### Holiday Laughs

We will be showing the vintage Christmas specials from Red Skelton and Bob Hope.

Popcorn provided! Free

Friday, Dec 18

1:00 - 3:30 p.m.

### VOA Holiday Lunch

Join us for this very special VOA holiday meal. As an added treat enjoy some festive musical entertainment after lunch. We take reservations for this event starting on Mon. Nov 23. There is limited seating and it fills fast. Pay the day of the event. Note: lunch starts early and no Bingo today.

11:15 a.m.

Thurs. Dec 17

\$2.50 donation 60+

\$7.25 under 60

Deadline: Mon. Dec 14

by noon

### Descriptions on Page 4 & 5

#### Dementia Support Group

Thurs. Dec 3 6:00 p.m.

#### Medicare Counseling

Tues. Dec 1 & 15

#### Caregivers Support Group

Thurs. Dec 10 10:00 a.m.

#### Blood Pressure Screening

Dec 3 & Dec 14 10:30 a.m.

#### Bunco

Thurs. Dec 10 & 31 1:00 p.m.

#### Healthy Tips

Thurs. Dec 10 11:00 a.m.

#### Low Vision Support Group

TBA - Special Lunch Meeting

#### Cribbage Tournament

Wed. Dec 30 12:30 p.m.

## Special Holiday City of Brighton Events!

### Turkey Trot 5- K

Senior walkers/runners join us for Brighton's 31<sup>st</sup> Turkey Trot – a 5-K race/walk that benefits the Eagle View Adult Center. Sign up and meet as a group but walk or run at your pace. The race is billed as “the flattest 5-K in Colorado.” It's all about fun and raising money for Eagle View! Fee Includes: T-shirt, breakfast burritos, prize drawings. Awards go to 1 - 3<sup>rd</sup> place finishers. Turn your form and fee in to Donna at EVAC by Tues. Nov 17 so we can coordinate our group.

Sat. Nov 21

7:30 a.m. – Check-in (Gym)

8:30 a.m. – Race begins  
Brighton Recreation Center,  
555 North 11<sup>th</sup> Ave.

Fee: \$17 Seniors

Deadline: Tues. Nov 17 for  
EVAC team.

### Brighton's Festival of Lights

Winter Festival runs from 2 – 5 p.m. at the old City Hall (22 S. 4<sup>th</sup>) and includes food vendors and live entertainment. The 20<sup>th</sup> annual Festival of Lights will start at 5:00 p.m. with a night-time light parade featuring over 75 entries you don't want to miss. Dress warm! For event information call 303-655-2218.

2:00 – 5:00 p.m. Feastival

5:00 p.m. Parade Starts

Sat. Dec 12

Free

## NOVEMBER TRIPS



Jeanette Bell is ready to go in Eagle View's vans!

**Registration for Trips begins on Mon. Nov 2 See Page 2 for details.**



**Denotes lots of Walking**

### Buddy Holly - Wait List

Boulder Dinner Theater “The Buddy Holly Story.”

10:45 a.m.

Sun. Nov 1

### Patsy's Italian Restaurant *By Request*



With high accolades and by request we are going to lunch at Patsy's Italian Restaurant - Denver's oldest Italian restaurant. Founded in 1921 by the Aiello family, the

heart and soul of tradition at Patsy's have remained the same through the years. Choose from a banquet menu of the five most popular dishes. Meal, tax & tip included.

10:15 a.m.

Fri. Nov 6

\$19 (meal included)

Deadline: Wed. Nov 4



### Country Christmas Gift Show

Haven't finished your Christmas shopping? Well, you won't want to miss the Colorado Country Christmas Gift Show. Now in its 12<sup>th</sup> year, it is a highly anticipated holiday event. You'll find 455 booths of art, crafts, glass & wood, daily cooking demonstrations by chefs and much more. The location for this trip is the Denver Mart.

12:15 p.m.

Sun. Nov 8

\$18 (plus food \$)

Deadline: Thurs. Nov 5

### Gambling – Mardi Gras *By Request*

You know you want to try your luck this month! Join us as we return to the Mardi Gras Casino. You will receive \$10 for food, \$5 free play, and candy bar at departure. Casino departure is at 3:00 p.m.

8:45 a.m.

Tues. Nov 10

\$15

Deadline: Thurs. Nov 5  
by noon.

### **Bowling for Fun! Coal Creek**

#### ***By Request***

We know you missed it! So here it is... Join us for bowling just for fun at one of our favorite locations. Coal Creek in Lafayette is excited to welcome you back. Lunch at Noodles & Company.

9:00 a.m.

Wed. Nov 11

\$13 (plus meal \$7+)

Deadline: Fri. Nov 6

### ***West Side Story***

#### ***By Request***

We are off to the Candlelight Dinner Theater in Johnstown. *West Side Story* is one of the most memorable musicals and greatest love stories of all time. Powerful, poignant, and timely as ever. The score by Leonard Bernstein and Stephen Sondheim is widely regarded as one of the best ever written. The world's greatest love story takes to the streets in this landmark Broadway musical that is one of theatre's finest shows. Fee includes meal, beverage, tip, tax, and show.

10:45 a.m.

Sun. Nov 15

\$58 (meal included)

Deadline: Wed. Nov 4



### **Thrift Store Shopping *By Request***

We are heading out for a day of Thrift Store Shopping at the

local ARC Thrift Stores. Tuesday is senior day so you will get 50% discount on most colored tags. Wear your walking shoes and bring your bargain shopping attitude. Lunch along the way at Oscar's Kabobs & Gyros in Broomfield.

9:00 a.m.

Tues. Nov 17

\$4 (plus meal \$8+)

Deadline: Fri. Nov 13

### **Highlands of Scotland**

The popular travel film series is back at Northglenn Recreation Center. Join us as we "travel" to the Highlands of Scotland - a geographically small area, but monumental in its impact on many. This film is a fresh look at an old and much revered land. Lunch at Famous Dave's on the way home.

9:30 a.m.

Wed. Nov 18

\$11 (plus meal \$15+)

Deadline: Wed. Nov 4

### **Infinite Monkey Wine Tour**

Join us as we tour the Infinite Monkey Theorem. It's an urban winery operated by one mad scientist working out of a back alley in the RiNo Art District of Denver. This unique and interesting trip will open your eyes to a local winery and tempt your taste buds with well-respected deliciously accessible wines.

Lunch on the way at the Walnut Room.

10:30

Fri. Nov 20

\$25 (plus meal \$10+)

Deadline: Thurs. Nov 12

### **Black Holes – Planetarium**

The Denver Museum's Planetarium is offering a theoretical glimpse into a place from which nothing escapes, not even light, where time and space literally come to end – Black Holes. Join us as we explore inside this fantastic riddle that exerts its sway over the cosmos & our imaginations. After the show explore the museum on your own. No meal on this trip.

12:45 p.m.

Sun. Nov 22

\$19 (no meal)

Deadline: Tues. Nov 17

### **Ski, Ski, Ski**

Enjoy the world of skiing from the warmth and comfort of Lakewood Cultural & Heritage Center. We will begin the afternoon at the First Tracks Exhibit on Ski & Snowboard Design. Then to dinner at Olive Garden. Finally you will see the new Warren Miller Film *Chasing Shadows* where we will watch top athletes chase their dreams on mountains across the world.

1:45 p.m.

Tues. Nov 24

\$23 (plus meal \$14+)

Deadline: Thurs. Nov 5



**Registration for ALL Trips  
begins on Mon. Nov 2  
See Page 2 for details.**

## Cheese Importers

### *By Request*

Join us for lunch at Cheese Importers in Longmont. This is a Colorado family-owned business founded in 1976. We will dine in their authentic French cafe "Bistrot des Artistes" and browse their store that offers natural, organic and imported cheeses, cured meats, specialty oils, spices, olives, chocolate, and more.

12:00 p.m.

Tues. Dec 1

\$4 (plus meal \$15+)

Deadline: Wed. Nov 25



## Union Station & The Crawford

### *By Request*

An often requested and intriguing tour of the Crawford Hotel and Union Station is the place to spend your afternoon. Enjoy a tour followed by time on your own to explore the sights of this gorgeously renovated gem downtown. Lunch on your own in Union Station or nearby restaurants.

1:00 p.m.

Fri. Dec 4

\$28 (plus meal \$15+)

Deadline: Thurs. Nov 19

## Timothy P. & the Rocky Mountain Stocking Stuffers



### *By Request*

Timothy P and his Stuffers have returned to the Lakewood Cultural Center! Join us as we ring in the season with Colorado's finest Western, bluegrass and folk musicians, playing entertaining arrangements of original music and holiday favorites. No meal.

12:45 p.m.

Sat. Dec 5

\$32 (no meal)

Deadline: Fri. Nov 6  
by noon



## Broadmoor & the Bee

### *Back by Popular Demand*

If you haven't made it with us to the Broadmoor this season, please join us as we head back to Colorado Springs for a historical tour of this beautiful hotel in all its holiday décor. Donna's daughter, Jamie will be our tour guide. Lunch before at a 19th century English Pub - The Golden Bee.

9:30 a.m.

Mon. Dec 7

\$15 (plus meal \$15+)

Deadline: Fri. Nov 20

## Gambling – Z Casino

This is the last trip up to gamble this year. Join us as we try our luck at Z's Casino in Black Hawk. You will receive \$5 for food and \$5 free play. Winter departure time: 3:00 p.m.

8:45 a.m.

Tues. Dec 8

\$15

Deadline: Thurs. Dec 3  
at noon



## The Nutcracker

### *By Request*

Come with us to the Ellie Caulkin's Opera House in Denver to witness an enchanting holiday ballet! *The Nutcracker* is the story of Clara who finds an unlikely companion in her nutcracker doll, a Christmas gift. After the holiday festivities, Clara finds herself dancing with the Nutcracker prince, visiting the Sugar Plum Fairy, and meeting the Mouse King!

6:15 p.m.

Thurs. Dec 10

\$48 (no meal)

Deadline: Thurs. Nov 12  
at noon.

**REMEMBER: Please arrive 15 minutes BEFORE the published leave time for all trips so we can leave on time - especially in the winter!**

**Park Meadows Mall**

Christmas is just around the corner and it's time to enjoy the seasonal hustle and bustle! Join us shopping at the Park Meadows mall. Pick up last minute gifts, enjoy the festive decorations, and maybe a treat. There's time to enjoy Friday Feast before you go.

1:30 p.m.

Fri. Dec 11

\$4

Deadline: Tues. Dec 8

**F.A.C.E****By Request**

FACE is a nationally known vocal rock band based out of Boulder, Colorado, bringing a new edge and attitude to the human voice. Using just five singers and a vocal drummer, Face creates a rock-music phenomenon that has to be seen to be believed. No instruments and no special effects - just six guys. Dinner and show at Boulder Dinner Theater.

4:15 p.m.

Mon. Dec 14

\$54

Deadline: Fri. Nov 13

**Glen Eyrie – Yule Tea**

Enjoy a Christmas Tea in a beautiful castle in Colorado Springs. Immerse yourself in the history of Glen Eyrie, from General Palmer to The Navigators, with a guided castle tour. Top the morning off with an elegant

Yule Tea. The tea includes tea, appetizer, entrée, and sweets.

9:45 a.m.

Tues. Dec 15

\$50

Deadline: Thurs. Nov 19

**Francesca Battistelli****By Request**

Inspired by jazz greats and contemporaries artists, Gospel/Christian Pop singer and songwriter Francesca Battistelli has a Grammy nomination, 22 Dove Award nominations, and 6 Dove Award wins, including Artist of the Year. Join us for dinner at Coyote's Southwestern Grill and then on to UCCC in Greeley for this incredible musical presentation!

4:00 p.m.

Thurs. Dec 17

\$47 (plus meal \$10+)

Deadline: Thurs. Dec 3

**A Christmas Story****By Request**

One of our favorite destinations – The Buell Theater presents direct from Broadway, *A Christmas Story, The Musical*. Nominated for three 2013 Tony Awards including Best Musical, *A Christmas Story* comes to hilarious life onstage! The Associated Press calls it “a joyous Christmas miracle”.

12:45 p.m.

Wed. Dec 23

\$56

Deadline: Thurs. Nov 12

**New Year's Eve Celebration**

Ring in the New

Year with a delightful dinner and a show followed by champagne and fireworks.

Dress in your finest Gangster and Flapper garb and join the fun as we witness the adventure of Big Al in *Bootlegger's Revenge...Back to the Speakeasy* at Adams Mystery Play House in Denver.

7:00 p.m.

Thurs. Dec 31

\$77

Deadline: Wed. Dec 2

**Weather Cancellations**

In case of bad weather, the decision to cancel a trip will be made by the staff and/or van driver(s). Since Colorado weather changes so rapidly, we will usually not make this decision until 1-3 hours before a trip.

When EVAC cancels a trip you will be notified by phone and will receive a full refund for the event. Events will not be rescheduled.

Please note: **If you decide to cancel BEFORE a decision is made by EVAC normal cancellation policies apply.** See page 15.

**Registration for  
ALL CLASSES  
begins Fri. Oct 30**

### **AARP Smart Driver**

Take AARP's driver refresher course of safe driving practices and rules of the road. Most companies offer a discount off your car insurance for the class.

1:30 - 5:30 p.m.

Mon. Nov 9

\$15 - AARP member

\$20 - Non-member

Deadline: Fri. Nov 6

### **Bridge – Beginning**

This class is for returning students from the Sept/Oct class. Continue to learn the fundamentals followed by practice. New students classes in January. Instructor: Bobbi Jo Unruh. Closed Nov 26.

10:00 - 11:00 a.m.

Thursdays

Nov 5 - Dec 17

\$12 (6 wks)

Deadline: Tues. Nov 3

### **Bridge Level II**

This class is for returning students from the Sept/Oct class. Review what you have previously learned and expand on your knowledge of bridge playing. New students can start classes in January. Instructor: Bobbi Jo Unruh. Center closed Nov 26.

8:45 - 9:45 a.m.

Thursdays

Nov 5 - Dec 17 (6 wks)

\$12

Deadline: Tues. Nov 3

### **Color Me - Drop-in**

Adult "coloring" is a nationwide rage and a great stress reliever. We are providing drop-in time for our patrons to color together! You provide your own pencils, markers, coloring pages, eraser, etc. Copies of coloring pages must be made outside of EVAC.

1:00 - 2:30 p.m.

Mondays - Ongoing

Nov 9 - Dec 28

\$.25 per day

### **Craft Time**

Making gifts for the holidays?

We provide space to work on any DRY craft hobby such as tatting, knitting, crocheting, Japanese bunka, beading, and jewelry making. Register and pay the one-time \$4 fee.

10:00 a.m.

Mondays

Nov 2 - Dec 28

\$4

Deadline: Join any time

### **Diabetes Prevention Program**

Current Participants only:

1:00 - 2:00 p.m.

Mondays

Nov. 2 - 23, Dec 7, 21

### **Exercise**

Lois Burrell leads an exercise class for people of all fitness levels - seated or standing. Drop-in class - come when you can and pay \$1.

10:00 - 11:00 a.m.

Mon/Wed/Fri

Nov 2 - Dec 30

\$1 per day

### **Facebook for Beginners**

Facebook is a social media site where you can connect with family and friends. Lisa Asmussen will help you set up an account. Bring a device capable of using wireless internet – Kindle, Smartphone, iPad - and your email username/password. If you only own a desktop you can learn on EVAC computers. Handouts at registration. No class Nov. 24.

10:30 - 11:30 a.m.

Tues. Nov 10, 17, Dec 1

\$25

Deadline: Mon. Nov 9

### **Fit Ball Class**

Fit balls are a wonderful way for seniors to improve balance and core strength. Mary Beth Schoeninger, a physical therapist, can modify the exercises.

10:30 - 11:30 a.m.

Thursdays

Session I: Nov 5 - 19

\$15 (3 wks)

Deadline: Wed. Nov 4

Session II: Dec 3 - 31

\$20 (4 wks)

Deadline: Wed. Dec 2

### **Folded Book – Pre-Marked**

Learn to fold a pre-marked book into the word Love, Read, or Joy or into the shape of a snowflake, Christmas tree, or Mickey Mouse. Cost includes specially ordered books. Tell us at registration your chosen design. See display case examples. Instructor: Ellie Davis.

12:00 - 1:15 p.m.

Mondays

Nov 16 - 30

\$18 Words or \$13 Shapes

Deadline: Tues. Nov 3

**Folded Book Art – Patterns**

Learn how to mark a book for folding using patterns and a ruler. Purchase your own used or new book based on guidelines given to you at registration. Pattern choices: Hope, Smile, Read or dog paw, butterfly. Tell us your choice at registration and get a handout. Instructor: Ellie Davis.

1:30 - 3:45 p.m.

Mondays

Nov 16 – 30

\$10

Deadline: Tues. Nov 3

**Genealogy**

Find your ancestors and record the data using the computer and other resources. Students bring a laptop or I-device with wireless capabilities. Class limited to 3 people using EVAC computers. Some computer ability necessary. Facilitators Sheryl Johnson and Fred Trail. No class Nov 27.

9:00 - 11:00 a.m.

Fridays

Nov 6 – Dec 18

\$8

Deadline: Thurs. Nov 5

**Greeting Cards**

Ella Hastman teaches you how to make amazing greeting cards using a variety of materials - ink stamps, colored paper, die cuts, etc. At least two cards completed per class. Instructor furnishes all supplies including envelopes.

9:30 - 11:30 a.m.

Fridays

Nov 6 & 20, Dec 11

\$5 per class meeting

Deadline: Wed. before

**Healthier Mind**

A healthier mind can mean a healthier you. This class is a continuation for the students of the Sept. class. No class 11/11.

Led by Dolores Folkenroth.

9:30 - 11:00 a.m.

Wednesdays

Nov 4 - Dec 16

\$2

Deadline: Tues. Nov 3

**History: Nation's Future**

Based on our history, we will look at our nation's future. Is government's role in our lives based on what our fore fathers had in mind? We will discuss such topics as war, health care, and political correctness. It is sure to be a lively discussion. This topic will be continued in Jan/Feb as a separate class.

Session A: 9:00 - 10 a.m.

Session B: 10:15 - 11:15

Mondays

Nov 9 - Dec 28

\$3 (8 wks)

Deadline: Thurs. Nov 5

**I-Device Lessons**

Want to learn more about your I-Device but group lessons don't work well for you due to hearing or vision needs? Do you just need some one-on-one help? Throughout Nov/Dec, private and semi-private (learn with 1 friend/spouse) sessions with Lisa Asmussen will be available for \$10 per 30 minutes of instruction. See EVAC front desk for openings.

8:00 - 9:30 a.m. (Varies)

Tuesdays.

Nov 10 - 17, Dec 1 - 22

**I-Device Practice & Review**

Own an iPhone or iPad but get stuck remembering how to use some of its features? This participant driven class is a follow-up for people who have taken the "I-Device Apps" classes and will give you a chance to practice with others. Instructor Lisa Asmussen is on hand to assist you, help you try a new app, and refine your skills. Bring your fully charged device and your Apple ID password. No class Nov. 24.

9:30 - 10:30 a.m.

Tuesdays

\$15

Session I: Nov 10, 17, Dec 1

Deadline: Mon. Nov 9

Session II: Dec 8 – 22

Deadline: Mon. Dec 7

**Japanese Bunka Embroidery**

Learn the ancient art of Japanese Bunka Embroidery. Make beautiful framed art by "punching" thread through stretched fabric with a special tool. Supplies and kits available for purchase from instructor, Donna Heneger. Three slots are saved for beginners and the first kit is provided. No class Nov 11.

10:00 a.m. – 12:00 noon

Wednesdays

Nov 4 – Dec 30

\$40 (8 wks)

Deadline: Tues. Nov 3

**Line Dance – Beginner**

This class is for those who are new to line dancing. Instructor Judy Yamakishi will teach you basic steps. Learn 1 or 2 dances per class with lots of repetition. Nov & Dec classes are combined. No class Nov 27.

8:30 - 9:25 a.m.

Fridays

\$25 (5 weeks)

Nov 13 – Dec 18

Deadline: Thur. Nov 12

**Line Dance – Level 2**

Learn the newest line dance routines! No partners needed to enjoy this fun form of country dancing. Some experience in line dancing is necessary. If you've taken Beginning Line Dancing this is your next step!

9:30 - 10:30 a.m.

Fridays

\$25 (5 weeks)

Nov 13 – Dec 18

Deadline: Thurs. Nov 12

**Oil Painting**

Instructor Judy Schissler welcomes all levels of artists into oil painting class. Veteran painters work on their choice of paintings. Beginners learn basic skills on a pre-selected painting. Four slots are reserved for beginners in the morning - let us know at registration. No oil painting class in December.

AM - 9:30 - 11:30 a.m.

PM - 1:00 - 3:00 p.m.

Tuesdays

Nov 3 - 24

\$10 (per time slot)

Deadline: Mon. Nov 2

**Pewter Hummingbirds & Butterflies**

Don and Kay Norris of Silver Creations will teach you about working with pewter and demonstrate pewter casting. Each student will then cast their own pewter hummingbird or butterfly by ladling pewter into rubber molds. For \$10 more (pay instructor) you can cast an additional item. See display case for examples.

1:00 p.m.

Wed. Dec 23

\$22

Deadline: Mon. Dec 21

** Silver Jewelry Classes**

See **back page** for these classes:

- Pine Needle Jewelry 11/5

- Wrapped Rock Jewelry 12/9

- Simple Silver Jewelry 12/11

- Simple Silver Jewelry 12/30

**Quilting Beginning – Lap Robes for Charity**

Tis' the season! We will make quilted lap robes to donate to the Brighton Police to give to seniors in need. We will use a "rag" quilt pattern that is easy to do. Supply list and pattern available the first day of class. Dec. 18 enjoy a potluck and white elephant gift exchange. Bring a sewing machine to class. No class Nov 27.

1:00 – 3:00 p.m.

Fridays

Nov 13 - Dec 18

\$13 (5 wks)

Deadline: Thurs. Nov 12

**Quilting Intermediate – Charity Quilts**

Make small quilts of your choice for adults who will receive little else for Christmas as part of the Brighton Police gift give-away. Dec. 10 will be a potluck and small gift exchange. Instructors: Shari Coren & Cheryl Stoddard.

1:00 – 3:00 p.m.

Thursdays

Nov 5 – Dec 10

\$10 (5 wks)

Deadline: Tues. Nov 3

**Readers Theatre**

If you have always wanted to be a performer, Readers Theatre is for you! Memorization is not needed. Bring a highlighter, pencil, and black ½" 3 ring binder. Led by: Dolly Garcia.

1:30 – 2:30 p.m.

Tuesdays

\$3

Session I: Nov 3 - 24

Deadline: Mon. Nov 2

Session II: Dec 1 - 22

Deadline: Mon. Nov 30

**Reader Theatre Performances**

Mon. Nov 30 - 11:00 a.m.

Mon. Dec 28 - 11:00 a.m.

**Tatting**

Tatting creates a durable lace by handcrafting a series of knots and loops. Use it to adorn your clothing and accessories. Fee includes Craft Time registration. Instructor Charlotte Jacobucci

9:15 – 9:45 a.m.

Mondays

Nov 2 – Dec 28

\$4

Deadline: Join any time



## Senior Advisory Board

The purpose of the Advisory Board is to advise and assist in the needs and operations of Eagle View. The Board will meet Tues. Nov 17 & Dec 15 at 1:00 p.m. Members are: Chuck Phelps, Fran King, Dave Thomas, Peggy Jarrett, Dan Buckner, Lois Burrell, Jane Talbot, Bill Alsdorf, Dave Jacovetta, Heidi Storz, Judy Schissler, and Richard Villalva. JW Edwards is the City Council representative. Visitors are always welcome.

## Friends Program Fund

The Senior Advisory Board has established a scholarship fund. The Friends Program Fund provides financial assistance to older adults with limited financial resources to participate in programs sponsored by Eagle View Adult Center. The simple application form is available at the front desk. Application must be approved PRIOR to registering for the event. Donations to the fund are appreciated.

## Charitable Contributions

Together we can continue to enhance the great programs and services offered for seniors and active adults in the Brighton area. Your financial support will be recognized on the donor wall at Eagle View. All donations are tax deductible. Make donations payable to: Brighton United Senior Citizens, 1150 Prairie Center Parkway, Brighton, CO 80601.

Donor Opportunities for Wall Recognition:

Friend: \$100 - \$499

Memorial: \$100+

Sponsor: \$500 - \$999

Benefactor: \$1000+

## Cancellations Due to Weather

In the occurrence of bad weather, the decision to cancel a class, trip or event will be made by the staff upon the recommendation of the instructor or driver. Trip and class participants will be called if the decision is made to cancel. Watch TV news for VOA lunch cancellations. The decision to close the Center will be made by the City Manager.

## Trip and Activity Policies

- Anyone 55 years of age or older is given priority to participate in all center activities and programs.
- If adults age 40 - 54 want to attend a class, trip, or a space-limited event they will be added to a wait list. Inquire at the EVAC front desk.
- Payment is due at registration. Cash and checks only. Keep your receipt.
- The Center reserves the right to cancel any activity if minimum registration is not met.

### Refund Policy for Cancellations:

#### If the CENTER cancels the activity/trip:

Full refunds will be given.

#### If YOU cancel BEFORE the deadline date:

Refund of cost, minus a \$4 cancellation fee.

If activity charge is \$4 or less, NO refund is given.

**Allow one week to process refunds.**

#### If YOU cancel AFTER the deadline date:

NO REFUND IS GIVEN unless we can sell your spot. If you are unable to go on a ticketed trip, **DO NOT** sell or give your space to someone else before checking with Eagle View to see if there is a waiting list. If there is NO wait list, you may give away or sell your trip space after telling the Center **BEFORE** the trip - one day notice preferred.

## Outreach & Referral

Do you need help and don't know where to turn? Ermie Marquez will assist you with completing forms, help you find needed services, and make home visits to assist homebound people! **Call 303-655-2079 for an appointment. Ermie is out of the office in Nov.**

## Transportation

**VIA** provides specialized transportation within the City of Brighton. VIA can take you to medical appointments, grocery shopping and Eagle View, to name just a few of the places you can go in Brighton. Call 303-447-2848 x1014 for more information; to schedule rides, call 303-447-9636.

**Call-n-Ride** - The green bus is an RTD service. Call 303-994-3549 to make a reservation. The driver will pick up and deliver you anywhere within Brighton, Mon - Fri, 6:00 a.m. - 7:00 p.m. Cost is the local RTD bus fare.

# Don't Miss This!



## **NEW CLASSES BY DON NORRIS of Silver Creations - 40 yr. Silversmith**

See display case by the front desk for examples of what you can make. Price includes a 20" sterling silver chain.

### **Pine Needle Jewelry - \$37**

Cast your own sterling silver pendant using a technique invented by Don Norris. You pour 1/2 ounce of melted sterling silver into a bundle of pine needles. Pull away the needles to uncover your unique pendant.

Thurs. Nov 5 1:00 p.m.

Registration Deadline: Wed. Nov 4

### **Wrapped Rock Jewelry - \$27**

Learn how to use simple wire bending techniques wrapped around a stone to make beautiful jewelry. Students make two sterling silver wrapped pendants and some copper pieces of their choice.

Wed. Dec 9 1:00 p.m.

Deadline: Mon. Dec 7

### **Simple Silver - \$32**

Design your own sterling silver pendant! Create a design, add a stone, and the instructor will solder it together. Mr. Norris has made this process so simple if you can write your name you can do this!

Session I: Fri. Dec 11 2:00 p.m.

Deadline: Wed. Dec 9

Session II: Wed. Dec 30 1:00 p.m.

Deadline: Mon. Dec 28

## **EVAC Seniors Helping Others!**

### **Coats for People in Need: Nov**

Donate your no longer needed coats. Especially needed are adult men's coats. Put them in the big red Kiwanis box near the front desk. Be sure the coat is clean and check the pockets!

### **Neckties Needed: Nov**

Some wonderful women make "ugly quilt" sleeping bags for the homeless and use neckties to secure the rolled up quilts. They are in desperate need of ties, so if you have some put them in the red box.

### **Service Dogs Donations: Nov 9-13**

We are joining Harmony Angels in their Veterans Day Project: donations for the Service Dogs organization. Donate dog food, dog toys, old sheets and towels.

### **Angel Tree: Nov. 16 - Dec 8**

Take a gift tag off the Angel Tree, then purchase the requested gift for a local nursing home resident. Can't shop? Then the "Angels" will shop for you. Pick a gift tag, make a \$10 (suggested) check payable to "Harmony Angels" and put both in an envelope. Wrapped gifts & checks due Tues. Dec 8 to Eagle View.



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